



TREK

# THE SPIRIT OF MACHU PICCHU

*7 days / 6 nights*

**Salkantay**  
TREKKING  
Trek & Expeditions Specialists





# DESCRIPTION

## *Feel the Spirit of the Andes*

This package boasts the best of the best when it comes to the Peruvian Andes. It combines the most amazing places in Cusco: Cusco City, Sacred Valley, Machu Picchu, Ausangate, and Rainbow Mountain. If you want to visit all these places when you come to Peru, why not combine them in a fantastic 7-day adventure where every last detail is planned for you?

Recharge yourself mentally and physically with the most powerful energy points in the Cusco region. Immense sacred glaciers like the imposing Apu Ausangate, turquoise lakes, wild animals, and the captivating Rainbow Mountain are the perfect complement to the ancient Inca city of Machu Picchu. This trip really has it all for you to see everything special about Cusco.

# CONTENT



Map



Itinerary



Inclusions



Packing List





- DISTANCE / HOURS
- CAMPS
- LUNCH & REST AREA
- PASS POINT
- RIVER
- FOOTPATH
- MAJOR ROAD
- MINOR ROAD
- RAIL ROAD



# FULL ITINERARY

## HIGHLIGHTS

- » The Ausangate Trek takes you to the fifth-highest mountain in Peru. You'll see through some of the country's wildest scenery, the perfect opportunity for travelers to get off the beaten track.
- » Enjoy the pleasant climate of the Sacred Valley while observing fertile cornfields and the peaceful lifestyle in the area.
- » Witness the spectacular site of Moray and try to resolve its mysteries.
- » Tour the highest salt mines in the world in the middle of the mountains at Maras.
- » Take a relaxing train ride to the cloud forest in the company of the immense Vilcanota River.
- » Walk the ancient stone streets of one of the New 7 Wonders of the World, the archaeological sanctuary of Machu Picchu, at dawn.
- » Join a breathtaking trek through the Andean Mountains as you cross epic landscapes and summit gorgeous mountain paths.
- » End your adventure with a visit to the beautifully unique Rainbow Mountain.



# DAY 01

Welcome to Cusco - Half-Day Cusco City Tour

## Tour the Capital of the Inca Empire

A representative of Salkantay Trekking will be waiting for you at the Cusco Airport to take you directly to your accommodation. Cusco is located at an altitude of 3,400 m / 11,155 ft, so you'll need some time to acclimatize. We recommend spending the morning relaxing in your hotel and perhaps sipping on some coca tea.

After lunch, we'll pick you up from your hotel to explore Cusco on an afternoon City Tour. Our tour begins in the fascinating Qorikancha, or Temple of the Sun, the most important Inca place in Cusco. While you take your time to marvel at the exquisite architecture of the place, our guide will share a bit of the history of the Incas.

We'll then continue to the Plaza de Armas (Main Square) to visit the Cusco Cathedral, famous for its 300 paintings from the "Escuela Cusqueña." The Plaza de Armas is also a wonderful place to sit and immerse yourself in the local atmosphere.

Later, we'll visit the impressive Inca fortress of Sacsayhuaman in northern Cusco. This place features gigantic rocks weighing hundreds of tons. Ancient Inca architects cut and polished these giant rocks to build zig-zag walls spanning hundreds of meters.





Even though only a small portion of the original site remains, the immense dimensions of Sacsayhuaman continue to surprise its visitors.

Later, we'll continue to the Qenqo temple, a giant rock formation with artificial tunnels, one of which forms an amphitheater. Its original purpose has been lost over time, but most experts agree that the area was used to worship the sun, moon, and stars, very important bodies in Inca culture. We'll then go to Puca Pucara, a site the Incas used as a military control center.

Our tour ends in Tambomachay, an Inca archaeological site that boasts a series of aqueducts and channels with two water fountains that still run spectacularly in front of your eyes.

At the end of the day, we'll take you to the door of your hotel to enjoy a relaxing night and some dinner in a place of your choice.



## DAY FACTS

- » ACCOMMODATION:  
**Hotel**
- » ACTIVITY DURATION:  
**5-6 Hours**
- » MINIMUM ELEVATION:  
**3,400 m / 11,155 ft**
- » HIGHEST ELEVATION:  
**3,800 m / 12,467 ft**
- » CUSCO CITY ELEVATION:  
**3,400 m / 11,155 ft**

- 
1. Cusco Main Square
  2. Cathedral of Cusco
  3. Qoricancha
  4. Sacsayhuaman
  5. Qenqo
  6. Tambomachay



# DAY 02

Cusco | Chinchero – Moray – Maras Salt Mines –  
Urubamba – Ollantaytambo – Aguas Calientes

## Visit the Most Impressive Sites in the Sacred Valley

We'll pick you up from your hotel in Cusco at 07:30 a.m. after you've had a tasty breakfast. We'll head to our first stop in Chinchero, a beautiful place known for its impressive landscapes and the quality of its textile art. We'll visit a local craft house, where you'll learn some textile techniques inherited from generation to generation. The very high quality of Chinchero fabrics makes this an ideal opportunity to shop for a gift for someone back home.

As we continue our journey, you'll witness endless farming fields, small traditional communities, and huge snow-capped mountain peaks. We'll then stop at Moray to visit its spectacular circular terraces. Studies indicate that Moray was a genuine agricultural experimental site where crops from different altitudes and climates could be grown, even though it looks like something almost extraterrestrial.





Next, we'll go to the Maras Salt Mines, an extraordinary site operated since pre-Inca times. Be amazed by the more than 3,000 salt pools flooded daily by water inside the earth.

At noon, we'll head to Urubamba to enjoy a well-deserved lunch. We'll continue our tour of the Sacred Valley and arrive at Ollantaytambo, considered by many to be the last and only living Inca city to this day. Its streets maintain the original layout of the ancient Peruvians, and the water still runs through the canals found next to the main roads. It's a quaint and lovely place to visit.

After touring this picturesque historic place, we'll go to the Ollantaytambo station and begin our train ride through the last portion of the Sacred Valley. It'll be an hour and forty-five minutes next to the roaring Vilcanota River.

We'll arrive at Aguas Calientes (Machu Picchu Town), an intense miniature metropolis where you'll spend the night in a comfortable hotel.



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6

## DAY FACTS

- » MEALS:  
**Breakfast, Lunch, and Dinner**
- » ACCOMMODATION:  
**Hotel**
- » MINIMUM ELEVATION:  
**2,040 m / 6,693 ft**
- » HIGHEST ELEVATION:  
**3,762 m / 12,342 ft**
- » ACCOMMODATION ELEVATION:  
**2,040 m / 6,693 ft**

1. Archaeological Site of Moray
2. Chinchero
3. Archaeological Site of Moray
4. Salt mines of Maras
5. Ollantaytambo Archaeological Site
6. Hot Springs



# DAY 03

Aguas Calientes | Machu Picchu –  
Ollantaytambo – Cusco

## Explore the Lost City of the Incas

Today's to visit one of the Wonders of the World! You'll need to wake up before dawn to enjoy breakfast in the hotel before you board the bus in Aguas Calientes at 5:30 a.m. The journey takes around 25 minutes and will take you to the entrance of Machu Picchu.

We'll be one of the first groups to arrive so you can observe the World Wonder without all the annoying tourist crowds. As soon as you step inside, the immense energy of the site will wash over you. This pre-Hispanic marvel of architecture and engineering is built on the top of a mountain in complete harmony with Mother Nature.





You'll explore the most important nooks in the Citadel with your guide for about 2 hours. You'll learn about the history, discovery, and recent theories of this extraordinary Inca City, which holds the title of South America's Leading Cultural Destination. Visitors are always impressed by Machu Picchu, so you won't be the exception. After the tour, and if you have tickets, you can also climb the famous Huayna Picchu or Machu Picchu Mountains for spectacular views over the sanctuary.

At the end of this unforgettable tour, you can choose one of the many restaurants in Aguas Calientes for lunch (not included in the tour). Then, depending on your train's departure time, you'll return to the Ollantaytambo station, where our transport will take you to the door of your hotel in Cusco.



## DAY FACTS

- » MEALS:  
**Breakfast**
- » ACCOMMODATION:  
**Hotel**
- » DIFFICULTY:  
**Easy**
- » ACTIVITY DURATION:  
**2-3 hours exploring Machu Picchu**
- » MACHU PICCHU CITADEL ELEVATION:  
**2,430 m / 7,972 ft**
- » OPTIONAL MOUNTAINS:  
**Moderate to Challenging**
- » MACHU PICCHU MOUNTAIN:  
**3,000 m / 9,843 ft (3-4 hours)**
- » HUAYNA PICCHU MOUNTAIN:  
**2,720 m / 8,924 ft (2 hours)**
- » HUCHUY PICCHU MOUNTAIN:  
**2,497 m / 8,192 ft (1.5 hours)**

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1. Machu Picchu, Inca wonder
  2. Impressive Inca architecture at Machu Picchu complex
  3. Temple of the condor
  4. Terraces in Machu Picchu
  5. Temple of the Sun
  6. Detail of the Inca architecture



# DAY 04

Cusco | Upis - Arapa Pass -  
Hatun Pucacocha

## Embark on Your Adventure Through Stunning Andean Landscapes

We'll start this adventure to the high Andes early in the morning. We'll pick you up from your hotel at 5:00 a.m. and go on our transport to the starting point of our trek in the small town of Upis (4,250 m / 13,944 ft). On the way, you'll witness picturesque towns and beautiful lagoons in the Vilcanota Valley.

After breakfast, we'll start walking on a plain facing directly to the impressive Ausangate glacier (6,372 m / 20,905 ft)—the highest peak in Cusco. As we continue, we'll come across local people wearing their beautiful and colorful traditional clothes. Herds of llamas and alpacas will also accompany us along the way. We'll arrive in around 3 hours at the thermal baths of Upis (4,400 m / 14,436 ft) to enjoy our lunch.

After a filling meal in the middle of the mountains, we'll continue walking for two-and-a-half hours in a beautiful high Andean valley towards the Arapa Pass (4,800 m / 15,748 ft). The spectacular Ausangate mountain will be by our side the entire way.





From the summit, the beauty of the landscape gets even more majestic. You'll be able to see the sheer size of the mountain range and, if you're lucky, even glimpse the flight of the largest flying bird in the world, the condor. Our knowledgeable guide will also share fascinating information about the local flora and fauna

Then, we'll descend for two-and-a-half hours until the crystalline multi-colored lagoon of Yanacocha (black lagoon) and another hour to reach Hatun Pucacocha (red lagoon). We'll set camp here and have time to take a re-energizing nap.

In the afternoon, you'll get to explore the vicinity of the lakes. As always, before you sleep, you'll enjoy a nutritious dinner cooked by our talented chef.



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## DAY FACTS

- » MEALS:  
**Breakfast, Lunch, and Dinner.**
- » ACCOMMODATION:  
**Camp**
- » DIFFICULTY:  
**Moderate to Challenging**
- » WALKING DISTANCE:  
**17 km / 10.56 mi**
- » WALKING TIME:  
**9 hours**
- » STARTING ELEVATION:  
**4,250 m / 13,944 ft**
- » MINIMUM ELEVATION:  
**4,250 m / 13,944 ft**
- » HIGHEST ELEVATION:  
**4,800 m / 15,748 ft**
- » CAMPSITE ELEVATION:  
**4,500 m / 14,764 ft**

- 
1. Ausangate Mountain
  2. Ausangate Mountain road
  3. Alpaca herd
  4. Hatun Pucacocha Lagoon
  5. Hatun Pucacocha Lagoon
  6. Hatun Pucacocha Lagoon



# DAY 05

Hatun Pucacocha | Puca Pass – Anantapata –  
Warmisaya – Surinecocha

## Feel the Energy Radiating from Apu Ausangate

There's nothing better for your body than waking up to a hot herbal tea of coca leaves—this fantastic plant has been used since Inca times to give you an energy boost. Get up early to start one of the most beautiful days of the entire excursion. Today, you'll be in awe at the stunning views of the snow-capped mountains and deep green valleys.

After a hearty breakfast to get you going, we'll hike up to Puca Pass (4,870 m / 15,978 ft). You'll feel the impressive presence of the Apu Ausangate and take photos of its beautiful turquoise lagoons. Once you reach the top, you'll come face to face with the gigantic Apu Ausangate (6,384 m / 20,945 ft) right in front of you. You'll also observe the extended beauty of the Chilca Valley, where llamas and alpacas will be grazing peacefully. From this opening, you'll already see the start of the Rainbow Mountain range with its striking, colorful stripes.



1



2



3



After taking some stunning photos, we'll continue with a gradual descent for an hour and a half to our lunch point located in Anantapata (4,750 m / 15,584 ft). Once we're full and rested, we'll continue with an ascent to Warmisaya Pass (4,985 m / 16,355 ft). From there, you'll feel like a bird as you observe the vastness of the horizon.

We only have to descend for an hour to the Surinecocha lagoon, where our camp for the night will be waiting for you. In our camp, we'll enjoy happy hour (drinks and snacks) and then dinner before you head to your cozy beds.



## DAY FACTS

- » MEALS:  
**Breakfast, Lunch, and Dinner**
- » ACCOMMODATION:  
**Camp**
- » DIFFICULTY:  
**Moderate**
- » WALKING DISTANCE:  
**10 km / 6.21 mi**
- » WALKING TIME:  
**6-7 hours**
- » MINIMUM ELEVATION:  
**4,500 m / 14,764 ft**
- » HIGHEST ELEVATION:  
**4,985 m / 16,355 ft**
- » CAMPSITE ELEVATION:  
**4,800 m / 15,748 ft**

- 
1. Anantapata
  2. Anantapata
  3. Puka Pass
  4. View of pukacocha from Puka Pass
  5. Ascent to warmisaya pass
  6. Camp at the foot of the snow-capped mountains



# DAY 06

Surinecocha | Rainbow Mountain - Llacto - Cusco

## Get Up Close to the Rainbow Mountain of Cusco

After a tasty breakfast at 4:00 a.m., we will walk for 2 hours to Rainbow Mountain to contemplate this colorful valley lit by dawn. You'll arrive early enough and before the tourist crowds and have plenty of time to enjoy this paradise for about an hour.

Our expert guide will take you directly to the key places to get the best pictures and explain in detail why this mountain has such unique colors. Rainbow Mountain is one of the most amazing places in South America and one of Peru's main natural attractions. The only other colored mountains can be found in China.





Once we get to the Rainbow Mountain viewpoint, you'll have enough time to take pictures of this prestigious geological phenomenon. You'll also see the Ausangate Mountain in the distance. Then, we'll descend to Llacto for an hour, where our transport awaits for a drive to a local restaurant. There, we'll satisfy our appetite with a local lunch.

As you finish the day, you can enjoy the beautiful Andean landscape at sunset from the transport while you return to the city. We'll arrive in Cusco at approximately 6:00 p.m. and drop you off at your hotel for a well-deserved rest.



## DAY FACTS

- » MEALS:  
**Breakfast and Lunch**
- » ACCOMMODATION:  
**Hotel**
- » DIFFICULTY:  
**Moderate**
- » WALKING DISTANCE:  
**6.5 km / 4.04 mi**
- » WALKING TIME:  
**3 hours**
- » MINIMUM ELEVATION:  
**4,630 m / 15,190 ft**
- » HIGHEST ELEVATION:  
**5,100 m / 16,732 ft**
- » CUSCO CITY ELEVATION:  
**3,400 m / 11,155 ft**

- 
1. Rainbow Mountain
  2. Vinicunca
  3. Alpacas in Rainbow Mountain
  4. Llacto
  5. Snow-capped mountains on the descent route
  6. Descent to Llacto



# DAY 07

Cusco – Cusco's Airport (or Bus Station)

## Say Goodbye to Imperial Cusco

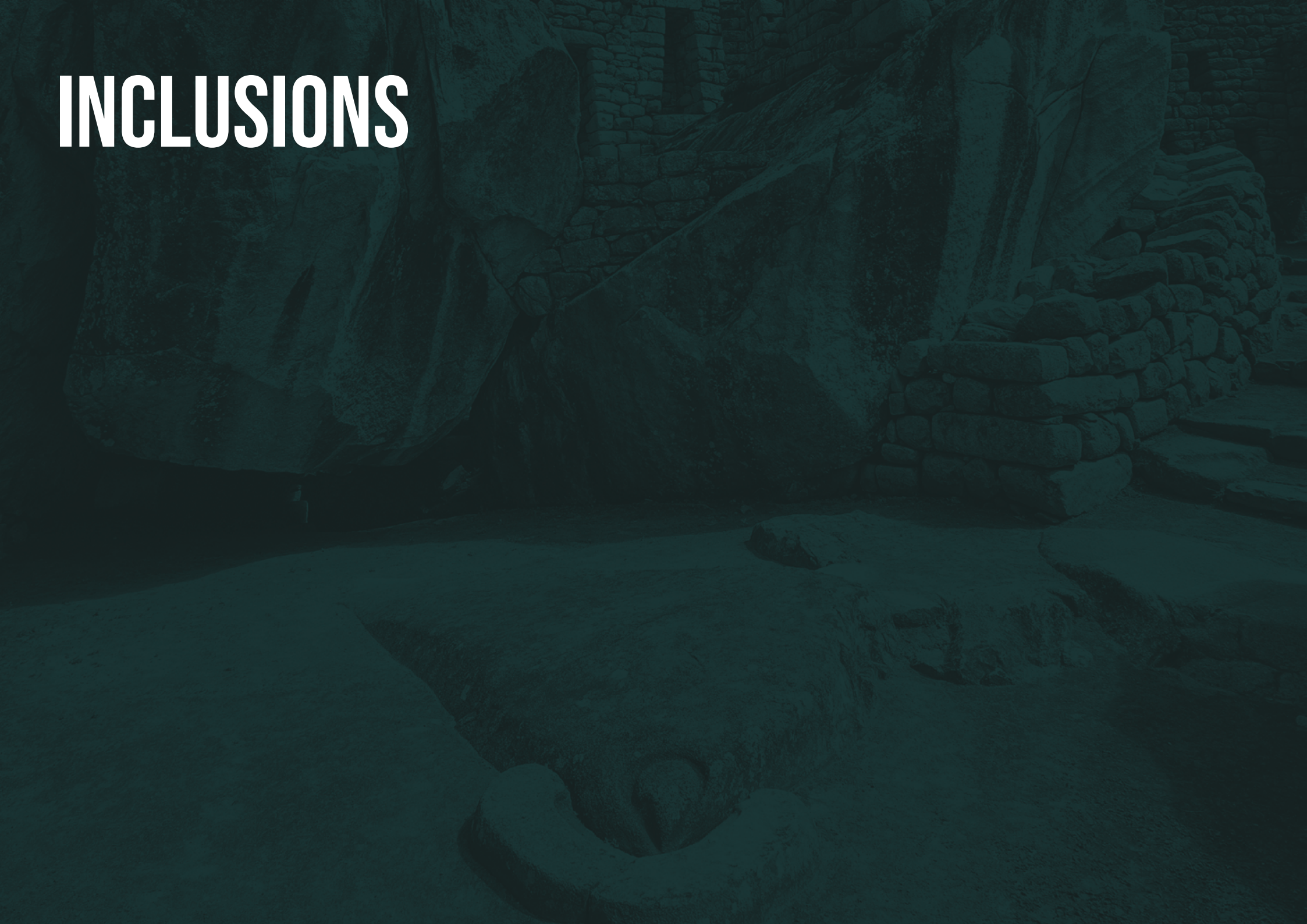
Today, you'll wake up, have breakfast, and pack your bags, as it's time to say goodbye to the imperial city of Cusco for now. We'll organize a time to collect you and take you to the airport or bus station to continue your vacation or return home.

This isn't a forever farewell, and we're sure you'll be longing to come back to relive all the special moments, learn more about the ancient city and cultures, and try out more of the excellent restaurants and their delicious cuisine. So, it's not goodbye, but rather see you soon!





# INCLUSIONS





# WHAT IS INCLUDED?

## » Permits & Entrance Tickets

- Boleto Turistico or Cusco Tourist Ticket

This ticket is required to access many of the most popular attractions in Cusco and the Sacred Valley, including archaeological sites and museums.

- Entry to Humantay Lake
- Entrance Ticket for Maras Salt Mines
- Entry Ticket to Machu Picchu Archaeological Site

The "Machu Picchu Circuit 2" ticket offers the most complete tour of the Machu Picchu citadel and is also the most requested. For this reason, we recommend booking it well in advance to secure your entry.

- Entry to the Ausangate Trek
- Entry to the Rainbow Mountain
- Entrance to the red valley viewpoint

## » High Quality Service & Safety

- Pre-departure Briefing

The evening before each trip, you'll have an orientation meeting with your guide. For multi-day tours, this meeting is typically held at 5:00 p.m. in our office or, depending on the itinerary, at your hotel. For day tours, you will receive a detailed WhatsApp call with important information about what to pack, your pick-up time, and to confirm your hotel address.

- Day 1: City Tour Half Day
- Day 2-3: Moray, Maras Salt Mines & Machu Picchu
- Day 4: Humantay Lake Hike
- Day 5-6: Ausangate & Rainbow Mountain trek
- Day 7: Transfer to the Airport
- Experienced Tour Guide

Our official tour guides speak English and Spanish and are professionally trained and certified. We choose them for their experience, responsibility, unbridled passion

for exploring, and pride in sharing our culture and history. In every experience, they will keep you safe and comfortable so you can enjoy your time worry-free!

- Camping & Hiking Equipment

- Tents: Spacious dining tents to enjoy your meals worry-free.
- Tables, chairs, and cooking equipment
- A Portable Travel Toilet

All equipment will be carried by our horses.

- Sleeping pad (Day 5)

- One Duffle Bag

For the trek, you'll receive a duffle bag to pack your personal belongings up to a maximum weight of 5 kg / 11 lb (this weight includes your sleeping bag). The horses will carry it on the route.

- Sleeping Bag (Day 5)

Our sleeping bags are effective and durable to protect you from temperatures as low as -18°C (0°F). They are mummy-form and include a sleeping liner. The bags are cleaned after every use and have a maximum usage of 30 trips.

- Trekking Poles (Day 4, 5 & 6)

- Medical Kit or First AID Kit

All Salkantay Trekking guides have specialized first aid training and attend mandatory training sessions every February. Your guide will always carry a first aid kit and oxygen to handle basic emergencies (altitude sickness, diarrhea, cuts, scrapes, etc.). If needed, we will evacuate you from the trail as quickly as possible and ensure you arrive at a clinic for treatment.

- Extras Included in our Service

We believe that attention to small details is what sets us apart from other local companies. You'll receive a cover to protect your backpack on the trail, and a rain poncho.

- 24/7 Customer Service

We have telephone service available 24 hours/day for ease of communication with Salkantay Trekking leading up to your tour.



- **Satellite Phone**

Your tranquility is our first priority. Although our guides are prepared for emergencies in the mountains, calling a doctor, hospital, or a friend can make you feel more secure. For that reason, each Salkantay Trekking guide carries a satellite phone to call any location worldwide and from anywhere on the mountain.

## » Accommodation

- **Hotel in Cusco (4 Nights)**

4 nights in a hotel in Cusco

- **Hotel in Aguas Calientes**

You will spend one night in a comfortable hotel in Aguas Calientes, including luggage storage while you visit Machu Picchu. Accommodation is in double, twin, and triple rooms.

- **1 Night Accommodation in Tents (Ausangate & Rainbow Mountain Trek)**

Salkantay Trekking uses the best camping tents to ensure your safety and comfort (e.g., Eureka Timberline or Mountain Hard Wear tents).

## » Meals

- **Meals in Cusco and the Sacred Valley**

- Day 2: Breakfast, Buffet Lunch, and Dinner

- Day 3: Breakfast

- **Meals on the Humantay Lake Hike (2B, 2L, 1D)**

- **Meals on the Ausangate & Rainbow Mountain Trek (Days 5, 6)**

2 Breakfasts, 2 Lunches, and 1 Dinner

Our chef prepares the best dishes in the middle of the mountain. Our passengers love our food! We respect all diets (vegetarian, vegan, or special menus are available at no extra cost), so let us know if you have any particular allergies or restrictions on your reservation form and remind your guide during the briefing. You'll enjoy breakfast, lunch, and dinner, in addition to hot drinks and snacks.

- **Water on the trail**

We'll provide boiled, filtered, and cooled water during your hike. For this, you need to bring a camel bag or an empty bottle, which you can refill during each meal (we recommend a capacity of 2 liters).

- **Wake up tea**

You'll wake up every morning at the camp with a cup of hot coca tea! It'll be brought to your tent so you can warm up before you start the day.

- **Daily snacks on the trail**

Before starting your trekking, your tour guide will provide you a cloth bag with local fruits, cookies, chocolate, caramels, etc. Every morning, we'll refill it so that you can enjoy your snacks during the walk.

- **One cloth snack bag per person**

## » Transportation

- **Transfers**

- Day 1: Meet and greet at Cusco Airport and transfer to your hotel. After lunch, we'll pick you up from your hotel for the City Tour in Cusco.

- Day 2: Pick up from your hotel and transport for the Sacred Valley Tour: Chinchero, Maras Moray, and Salt Mines. Then, you'll be transported to Ollantaytambo train station, where you'll take the train to Aguas Calientes.

- Day 3: Round-Trip bus between Aguas Calientes and Machu Picchu

- Day 3: Transport from Ollantaytambo train station to your hotel in Cusco.

- Day 4: We will pick you up from your hotel, and after the Humantay Lake Tour, we will drop you off at the door of your hotel in Cusco.

- Day 5: We will pick you up from your hotel in the morning and travel by private transportation to Pitumarca, the trek's starting point

- Day 6: Once you complete your adventure, we will take you back to the door of your hotel in Cusco.

- Day 7: Private transfer from your hotel in Cusco to the Airport or Bus Station."

- **Train Tickets**

- Day 2: From Ollantaytambo to Aguas Calientes (Expedition Train).

- Day 3: From Aguas Calientes to Ollantaytambo (Vistadome Train).

- **Cargo Mules**

On days 4, 5, and 6, cargo mules will carry all the camping equipment and your baggage allowance (7 kg / 15.4 lb). Our muleteers will be responsible for your duffle bag and personal items.



# WHAT IS NOT INCLUDED?

## » Cusco's Cathedral Entrance Ticket

- **Adult:** PEN 40.00 (US\$ 12.00)
- **Students and Children (11-17):** PEN 25.00 (US\$ 6.00)
- **Children (under 10):** Free

## » Qorikancha Entrance Ticket

- **Adult:** PEN 20.00 (US\$ 7.00)
- **Students and Children (11-17):** PEN 8.00 (US\$ 3.00)
- **Children (under 10):** Free

## » Huayna Picchu Mountain

If you're up for a challenge, you can climb the famous mountain seen in photos behind the site of Machu Picchu. It's 45 minutes uphill and can be scary if you fear heights, but the top views are totally worth it! You can take this excursion after your guided tour in Machu Picchu, but be sure to plan ahead. Due to high demand, admission must be issued at least two to three months in advance. Consider there might be changes to protect your integrity, mainly due to weather conditions.

- **The ticket for Huayna Picchu Mountain has an extra cost of US\$ 60.00 per person.**

## » Machu Picchu Mountain

Machu Picchu Mountain is another of the mountains that surround the archaeological site of Machu Picchu. It offers less steep, wider, and visually less frightening trails than Huayna Picchu, and it takes 1.5 hours to reach the top. This walk requires an entrance ticket, which we can secure for you if you request it in advance.

- **The ticket for Machu Picchu Mountain has an extra cost of US\$ 60.00 per person.**

## » Meals not indicated

- Day 1: Breakfast, Lunch and Dinner
- Day 3: Lunch and Dinner
- Day 4: Dinner
- Day 6: Dinner

## » Personal Hiking Clothes and Gear

## » Travel Insurance

## » Tips for our staff

Tipping is usual on any excursion to Peru. Although we pay good salaries to our team, something extra is always welcome.

## » Additional costs or delays beyond our control

Landslides, bad weather conditions, itinerary modifications due to a safety concern, illness, pandemic, government policy changes, political instability, strikes, acts of God, etc.



# BEFORE YOU GO

We want to make your trip to Peru as memorable and as carefree as possible. In this section, you'll find the answers to all the questions you have about traveling with Salkantay Trekking in one place. Please read the following information carefully – it will help you with any questions about our services.

Have another question that we haven't answered here? Drop us a line and we will get back to you asap!

## » Briefing or Informative Meeting

All information meetings and briefings are held in our main office in Cusco (or your hotel) at 5:00 pm, one night before the tour begins. These meetings last approximately 30 to 45 minutes. If you're unable to attend, you must coordinate another time by email, by phone or at the Salkantay Trekking office.

## » Trek Balance Payment (in Cusco)

If you still have a pending balance, you must pay it 2 days before your hike/tour. Otherwise, your trip reservation will not be confirmed.

If possible, it would be greatly appreciated if you could settle the remaining balance for the trek/tour in cash, either in US dollars or the local currency, at our office in Cusco. You can withdraw funds from various ATMs located along Avenida Sol, offering both US dollars and Peruvian Soles. Alternatively, you have the option to pay using a credit/debit card or PAYPAL, either online or in person, but please note that a 5% service charge will be applied by our payment gateway (Niubiz) and PAYPAL. We regret to inform you that we are unable to accept bank checks or traveler's checks as forms of payment for the balance.

## » Duffel Bag or Canvas Case

You'll receive a canvas case or duffel bag during your briefing. Our horses will carry them, and the horsemen will hand them to you when you get to each camp. They measure 60 x 24 x 22 cm (23.6 x 9.45 x 8.66 in).

A maximum of 7 kg / 15.4 lb is allowed for each duffel bag, including the weight of your sleeping bag, sleeping mat, clothes, and other personal items.

## » Can I store my luggage at your office?

**Of course!** During the trip, your main luggage can be stored at our office (you can organize it with us on the briefing day or by email) or at your hotel, both free of

charge.

Any equipment that you won't need on the trek can be stored safely in your hotel. Nearly every hotel will provide this service. Don't leave items of value with your bags; put them in the hotel safe and obtain an itemized receipt (in the unlikely case of theft, many insurance companies require that you have a copy of the receipt itemizing everything). It's best to put items such as credit cards inside a sealed, signed envelope for extra peace of mind.

## » Pick up of guests

Salkantay Trekking can pick you up from your hotel, as long as it's in the Historical Center of Cusco. Your guide will coordinate the pickup time in the briefing session, but please keep in mind that the time may vary between 30 and 45 minutes due to traffic.

Cusco is an old city, meaning it has many narrow cobbled streets. Some hotels and Airbnbs may be located on streets without access to cars or on long, steep slopes, making it difficult to transport luggage. We strongly recommend that you book accommodation with good access.

## » Return to Cusco

Returning from Machu Picchu requires quite a bit of logistics, but don't worry. Everything is included in your tour!

- In Machu Picchu, you'll board a bus that'll take you for 25 minutes to the small city of Aguas Calientes. The buses are boarded according to arrival.
- In Aguas Calientes, you'll board a train to Ollantaytambo. Your guide will give you the train tickets where the boarding time will be shown. Make sure you're on the platform 30 minutes early. The train from Aguas Calientes to Ollantaytambo takes 1:45 hours.
- Once you arrive at the station, our representative, identified with the Salkantay Trekking clothing, will be waiting to transfer you to Cusco or directly to your hotel. The trip from Ollantaytambo to Cusco takes 1:30 hours.
- In Cusco, depending on your hotel's location, we'll take you to a smaller car from our company (Hyundai H1) to transfer you faster to your hotel.

**Note:** Your tour includes a One-Way Consettur Bus Ticket Aguas Calientes – Machu Picchu, so you can choose to use it from Aguas Calientes to Machu Picchu or from Machu Picchu to Aguas Calientes. If you want a round-trip bus ticket, you'll need to pay an extra of US\$ 12.00.



## » Group Tours

Group tours are made up of different types of people, then physical conditions and ages can vary. By agreeing to be part of a group tour, you also accept that some people may be faster or slower than you. Therefore, each person can go at their own pace on the route.

It may be the case that a group wishes to modify the tour; however, the guide will be the one who decides, after consulting with all the participants, if such modifications are possible.

## » Strikes and demonstrations

Strikes and demonstrations are common in Peru, and this may interrupt some of our tours. Roads can be blocked, and train tracks can be taken over. However, we will try to keep your trip as originally planned, even if it means leaving the night before the scheduled date.

Under these circumstances, tours may also be canceled. In case of changes or cancellations, everything will be coordinated with you by our operations department. Your safety is our highest priority, and our decisions will be made to protect it.

## » Lost objects

Please pay attention to where you leave your things and remember to take everything once you leave our transport, accommodation, tents, or restaurants. You're the only one responsible for your objects during the tour.





# WHAT SHOULD YOU BRING?

- » Valid Passport
- » Extra money (recommended soles)
- » Personal medication
- » Water bottle or CamelBak – (optional water purifying pills)aa
- » Sunblock: factor 70 or more
- » Insect repellent
- » Personal Care Products
- » Hiking boots or shoes (preferably waterproof)
- » Light footwear or sandals
- » Trekking pants (\*)
- » Trekking socks
- » Pair of thermal pants
- » Shorts
- » Waterproof gaiter
- » Long sleeve t-shirts
- » Warm jacket
- » Waterproof jacket
- » Raincoat or rain poncho.
- » Waterproof or wool gloves
- » Sun hat to protect neck and face
- » Wool hat for the cold
- » Neck gaiter or buff
- » Sunglasses with UV protection
- » Sleeping bag (-15°C)
- » Trekking poles
- » Medium trekking backpack (15 - 25 liter)
- » Camera and charger
- » Power bank
- » Snacks: Energy bars, chocolate, candies, dried fruits, etc.
- » Bathing suit
- » Towel
- » Flashlight



\*It is advisable to wear waterproof pants during the rainy season (September to March).





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Monday to Saturday - 9:00 am to 7:00 pm