



TREK

THE SALKANTAY PREMIUM PRIVATE TREK

5 days / 4 nights

Salkantay
TREKKING
Treks & Expeditions Specialists



DESCRIPTION

An Exclusive Salkantay Trek Experience

After spending some time in Cusco, the capital of the Inca Empire, join us on the Salkantay trek to the Wonder of the World, Machu Picchu. The best alternative route to the Inca citadel will take you to the impressive Humantay Lagoon and the imposing Salkantay Mountain through the fascinating cloud forest and then to the edge of the Peruvian jungle.

Each night you will spend in comfortable and exclusive lodges where you can enjoy the tastiest meals in the middle of the mountains. Experienced guides will accompany you all the way to explain the history and nature of the region. Enjoy this route with excitement and great company.

CONTENT



Map



Itinerary



Inclusions



Packing List



Day 01: Cusco - Mollepata - Chailacancha - Soraypampa - Humantay lake - **Soraypampa** (Sky Camp)
Day 02: Soraypampa - Salkantaypampa - Soyrococha - Salkantay Pass - Wayracmachay - Chaulay - **Collpapampa** (Mountain Sky View)
Day 03: Collpapampa - Wifaypoqo - Loret - Playa Sahuayaco - Lucmabamba - Cocalmayo - **Lucmabamba** (Super Jungle Domes)
Day 04: Lucmabamba - Llactapata Pass - Llactapata - Aobamba - Hidroelectrica - **Aguas Calientes** (Hotel)
Day 05: Aguas Calientes - Machu Picchu - Aguas Calientes - Ollantaytambo - Cusco

 Distancia	 Tiempo	 Altura máxima	 Dificultad
10km 6.21mi	5-6 hrs	4,200m 13,780ft	Challenging
23.5km 14.6mi	10 - 11 hrs	4,630m 15,190ft	Challenging
17km 10.56mi	5-6 hrs	2,950m 9,678ft	Moderate
25km 15.53mi	8-9 hrs	2,800m 9,186ft	Challenging
3km 1.86mi	2-3 hrs	2,430m 7,972ft	Easy

FULL ITINERARY

HIGHLIGHTS

- » The Salkantay Trek is listed as one of the 25 best treks in the world by National Geographic Adventure Travel Magazine.
- » Enjoy one of the very best trekking adventures you'll find in Peru and South America.
- » Apart from the Inca Trail, Salkantay is one of the most famous and less frequented routes to Machu Picchu.
- » Visit stunning locations like Humantay Lake and the glorious Salkantay Mountain.
- » Witness incredible scenery like cascades, waterfalls, glaciers, mountains, colorful valleys, unique plants and wildlife, and the cloud forest.
- » Exploring the ancient citadel of Machu Picchu is one of the greatest experiences in the world.

DAY 01

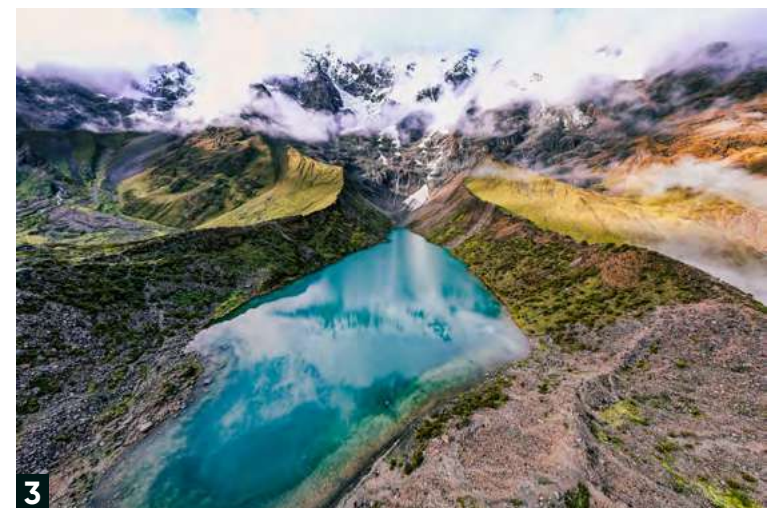
Cusco – Mollepata – Challacancha –
Soraypampa – Humantay Lake – Sky Camp

Hike to the Jewel in the Mountains

You will start bright and early with a pickup from your hotel around 4:00 a.m. You will travel in our private transportation with blankets in case you wish to sleep a little longer during the trip. We will stop in Mollepata to enjoy a delicious breakfast, and then we will continue to Challacancha, the starting point of the trek.

Before starting our adventure, you will meet the cooks and the muleteers; you will also check your luggage for the last time, and then we will head out on the trail. You will begin with a moderate three-hour hike to Soraypampa (3,900 m / 12,795 ft), where we will spend our first night. The beginning of the section is relatively flat, with a slight ascent through a deep glacier valley. You will notice that much of the trail follows a restored Inca water channel, which local farmers still use today. This trail is 7 km / 4.35 miles in total.

Once in Soraypampa, you will settle into our exclusive



Sky Camp and have time to rest before enjoying your first lunch amidst the mountains. After recharging your energy, we will start hiking to the beautiful Humantay Lake (4,200 m / 13,780 ft). This round trip takes three hours and covers 3 km / 1.86 miles. It's not far, but take it easy at this altitude. Once you reach the lagoon, you will have time to enjoy the fantastic scenery. Not many places in the Andes are as impressive as the turquoise waters glistening against the Humantay glacier. You will truly feel like you are in a fairy tale.

Upon returning to camp, you will enjoy a well-deserved dinner in the company of a beautiful sunset. There is no way to describe the energy here, you will feel the tranquility once you arrive. Afterward, you can rest in your igloo at Sky Camp. From the glass roof, you will enjoy a night under the stars, constellations, and comets. In the morning, you will wake up and see the Apu Salkantay in front of you.

Our dazzling SKY CAMP is located in front of the impressive mountains Humantay and Salkantay. This campsite creates the perfect union of sky and earth. It allows you to sleep calmly under a clear sky starred with an exceptional view of the constellations. At the same time, you can enjoy all the comforts of a first-class vacation home.

- » 26 Igloos
- » 2 people per igloo
- » Dining room and kitchen
- » Toilets
- » **Optional:**
 - Wi-Fi



DAY FACTS

- » MEALS:
Breakfast, Lunch, and Dinner
- » ACCOMMODATION:
Glass-Topped Sky Camp
- » DIFFICULTY:
Moderate to Challenging
- » WALKING DISTANCE:
10 km / 6.21 mi
- » WALKING TIME:
5 to 6 hours
- » STARTING ELEVATION:
3,800 m / 12,467 ft
- » MINIMUM ELEVATION:
3,800 m / 12,467 ft
- » HIGHEST ELEVATION:
4,200 m / 13,780 ft
- » CAMPSITE ELEVATION:
3,900 m / 12,795 ft

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- 1. Humantay Lagoon
 - 2. Sky Camp
 - 3. Sky Camp Dining Room
 - 4. Interior of the Sky Camp domes

DAY 02

Soraypampa – Salkantay Pass –
Huayracmachay – Chaullay – Collpapampa
(Mountain Sky View)

The Stunning Salkantay Pass and Descent to the Amazon Jungle

Today you will wake up with the first rays of light and an energizing coca tea to give you energy. Enjoy a nutritious breakfast before setting out on a two-hour horseback ride to the highest point, the Abra Salkantay (4,630 m / 15,190 ft). It is a challenging ascent, but riding a horse along the “path of the 7 snakes” will make it less demanding. You are also free to conquer this section on foot!

When you reach the summit, you will be able to see the magnificent Salkantay mountain standing next to you at 6,271 m / 20,574 ft. Salkantay boasts the second-highest mountain in the Cusco region and is considered one of the Inca Gods or Apus. You will also get stunning perspectives of the valleys below and see the mountains of Humantay, Tucurhuay, and Pumasillo. After enjoying the views, we'll start descending 7 km / 4.35 miles to Wayracmachay to savor a revitalizing lunch.



This section of the trail is rocky and steep but has impressive views of the valley. You will be entering the edge of the rainforest, also known as the "cloud forest." This hike has a distance of 9,5 km / 5.9 miles and lasts approximately three and a half hours. Along the way, you will see the magical green forests showing due to the quick change between the Andes and the Amazon. You will also observe colorful landscapes, unique wildlife, and native plants and feel the warmer climate.

At the end of this incredible day, you will arrive at Collpapampa to spend the night. Finally, you will be served a hearty meal before resting in our exclusive Mountain Sky View Campsite.

Our campsite Mountain Sky View is a warm mountain accommodation and our novelty this year, and it's with great pleasure that we prepared this place for all those looking for a glamping experience surrounded by nature. Each one of its individual Andean Sky Huts counts with a private bath besides spectacular tropical mountain views. You'll find peace under the shining stars listening to the voices of wildlife and the whispers of the river in the valley.

- » 16 Sky huts
- » 2 people per hut
- » Dining room and kitchen
- » Toilets and Hot shower
- » **Optional:**
 - Wi-Fi



DAY FACTS

- » MEALS:
Breakfast, Lunch, and Dinner
- » ACCOMMODATION:
Mountain Sky View
- » DIFFICULTY:
Challenging
- » WALKING DISTANCE:
23.5 km / 14.6 mi
- » WALKING TIME:
10-11 hours
- » STARTING ELEVATION:
3,900 m / 12,795 ft
- » MINIMUM ELEVATION:
2,900 m / 9,514 ft
- » HIGHEST ELEVATION:
4,630 m / 15,190 ft
- » CAMPSITE ELEVATION:
2,950 m / 9,678 ft

1. Salkantay Pass
2. Salkantay snow-capped mountain
3. A moment of rest at the foot of the majestic Apu Salkantay.
4. Mountain Sky View Camp
5. Amazing Views from Sky View Domes
6. Comfortable interior of domes

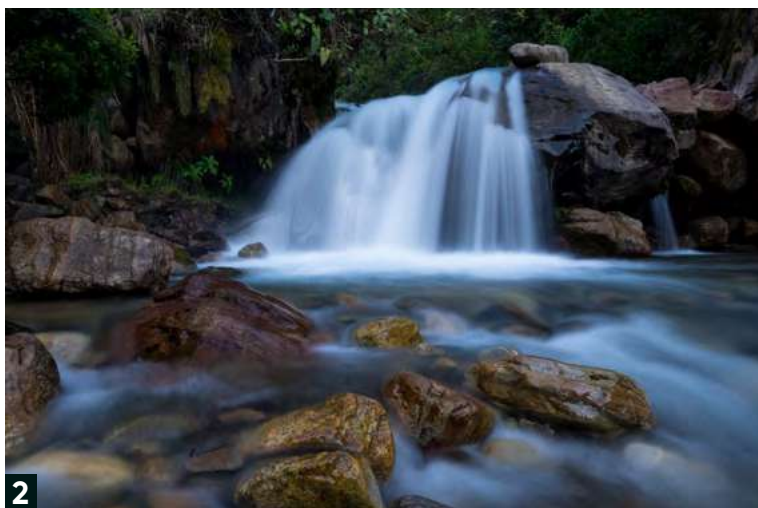
DAY 03

Collpapampa - Loreta - La Playa -
Lucmabamba - Cocalmayo -
Eco-Resort Domes

Live the coffee experience

Today we will start the day around 6:00 a.m. for hot tea and breakfast before leaving the camp. Then, we will walk through the Santa Teresa Valley until we reach our first destination, La Playa. During the tour, we will take a more leisurely walk, with more downhills than uphill, as we immerse ourselves in the lush landscape of rivers, waterfalls, orchids, and various plantations: banana, coffee, and avocado. In addition, you may be lucky enough to see Peru's national bird, the "Gallito de las Rocas."

At La Playa, we will enjoy lunch before heading for an hour to Lucmabamba (2,000 m / 6,562 ft), where our campsite is located. In the afternoon, you will have free time to explore the tropical surroundings and visit an organic coffee farm, perfect for coffee lovers. Even



if you are not a fan of a cup of coffee, the smell in the air is delicious. This is the primary agricultural industry in the jungle that exports products to the United States, Asia, and Europe. You will also visit avocado and orange plantations.

After this incredible experience, you will go to the hot springs of Cocalmayo to take a comforting bath and relax after several days of hiking. You will take a break and feel the tranquility of the surroundings. Later, you will return to Lucmabamba to spend the night in our Eco-Resort Domes. While resting, you can listen to the different sounds of nature and feel in harmony with mother earth.

Important: For 2025 reservations, all our passengers will enjoy their third night in our new Eco-Resort Domes. For 2024 reservations, we will continue staying in our comfortable Super Jungle Domes.

From the comfort of our domes, you get to be in intimate contact with the surrounding nature. As you hear the voices of the wind, rain, and flora and fauna in the area, immerse yourself in this green environment.

- » 8 domes
- » 2 people per dome
- » Dining room and kitchen
- » Toilets and Hot shower
- » **Opcionales:**
 - Wi-Fi



4



5



6

DAY FACTS

- » MEALS:
Breakfast, Lunch, and Dinner
- » ACCOMMODATION:
Eco-Resort Domes
- » DIFFICULTY:
Moderate
- » WALKING DISTANCE:
17 km / 10.5 mi
- » WALKING TIME:
5-6 hours
- » STARTING ELEVATION:
2,950 m / 9,678 ft
- » MINIMUM ELEVATION:
2,000 m / 6,562 ft
- » HIGHEST ELEVATION:
2,950 m / 9,678 ft
- » CAMPSITE ELEVATION:
2,000 m / 6,562 ft

1. Hike through the lush Amazon rainforest
2. Beautiful waterfalls
3. Traditional coffee elaboration
4. Aerial view of the Jungle Domes
5. Domes mimicking nature
6. Comfortable interior of the domes

DAY 04

Lucmabamba – Llactapata – Aobamba –
Hidroeléctrica – Aguas Calientes

Enjoy Your First Glance of Machu Picchu from Llactapata

After a hearty breakfast, you will hike some of the original and world-famous Inca Trail. After climbing for two hours and enjoying fascinating views over the Santa Teresa valley, you will arrive at Llactapata (2,700 m / 8,858 ft), an Inca archaeological site located in front of Machu Picchu.

Llactapata is the first Inca complex you will see on the hike, and you will learn all about the mysteries of this ancient culture and the extraordinary site. Even from here, you will get a first glimpse of Machu Picchu and Huayna Picchu. Our guide will explain the history of the Incas while you take as many pictures as you want as a souvenir to share your fantastic experiences with your friends and family back home.

Afterward, you will descend for an hour and a half, being able to watch the Inca citadel, Machu Picchu, from afar. This will encourage your expectations to make tomorrow more exciting. We will stop in Aobamba for lunch before continuing for half an hour



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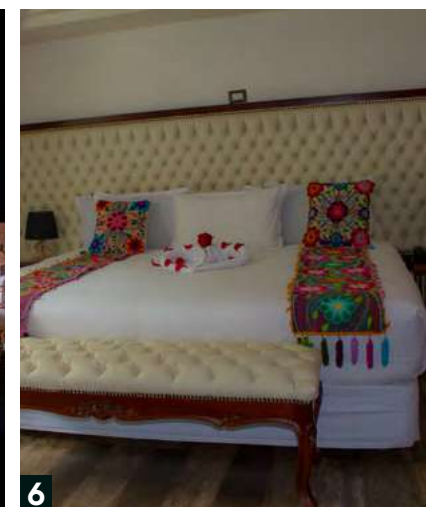


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to Hidroeléctrica (1,800 m / 5,906 ft). One of the most impressive sights on this stretch is the 250-meter-high artificial waterfall that generates electricity for the entire city of Cusco.

Once in Hidroeléctrica, you will board the train that will take you to Aguas Calientes, appreciating the best scenery along the way. In this small town, you will enjoy dinner at an exclusive restaurant and spend the night in a comfortable hotel.

Note: During the rainy season, and for safety reasons, hiking the Llactapata trail is not 100% guaranteed. When there are frequent heavy rains, this trail can become very dangerous.



We offer a selection of well-located hotels in the town with very comfortable and tasteful decorated rooms. You'll find them impeccable with clean rooms and beds as well as adequate toilets and showers. It's a perfect place to rest before the most important day of your trip!

- » Single, Double, Matrimonial, and Triple
- » Dining room and kitchen
- » Toilets and warm showers
- » Wi-Fi

DAY FACTS

- » MEALS:
Breakfast, Lunch, and Dinner
- » ACCOMMODATION:
Superior 3-star hotel
- » DIFFICULTY:
Challenging
- » WALKING DISTANCE:
14 km / 8.7 miles
- » WALKING TIME:
8-9 hours
- » STARTING ELEVATION:
2,000 m / 6,562 ft
- » MINIMUM ELEVATION:
1,800 m / 5,906 ft
- » HIGHEST ELEVATION:
2,800 m / 9,186 ft
- » ACCOMMODATION ELEVATION:
2,040 m / 6,693 ft

1. First view of the Imposing Machu Picchu from the Llactapata viewpoint
2. Archaeological site of Llactapata
3. Bridge over the Amazon forest in Aobamba.
4. Aguas Calientes
5. Hotel in Aguas Calientes
6. Comfortable rooms

DAY 05

Aguas Calientes – Machu Picchu –
Ollantaytambo – Cusco

Tour of the Incredible Inca Citadel of Machu Picchu

Today is the day you have been waiting since you started your trek. You will finally visit one of the seven wonders of the world and a UNESCO World Heritage Site, Machu Picchu. You will have to get up early to avoid the crowds and enjoy the serenity of the place in the morning light.

After going up to the Inca citadel by bus, you'll enjoy a guided tour of approximately two hours to this incredible ancient site to see temples, houses, palaces, and cultivated fields, among others. You'll be impressed by the intelligence of the Incas in terms of engineering work, which was far ahead of its time and remains a mystery in many respects.

The Incas did not have the tools we use today, but they could still build and organize their community on the side of a mountain and even create a water system with aqueducts and canals.



Bonus fact: When a Peruvian guide showed this site to Hiram Bingham, it was almost unrecognizable, covered in thick vegetation and disrepair. Since then, it has been cleaned and restored; today, it is protected and treasured by people from every corner of the world.

After your guided tour, you can choose to climb Huayna Picchu Mountain (2,720 m / 8,924 ft) or Machu Picchu Mountain (3,000 m / 9,843 ft) if you book your tickets in advance. These treks will take you two, and three hours up and down, respectively.

Later, we will return to Aguas Calientes for lunch before boarding the Vistadome train to Ollantaytambo, with the best panoramic views along the way. Upon arrival in Ollantaytambo, our private transportation will pick you up and take you back to your hotel in Cusco. Finally, you will take a well-deserved rest; however, your heart will continue to beat to the rhythm of the Andes for many weeks, months, and years to come.



DAY FACTS

- » MEALS:
Breakfast and Lunch
- » DIFFICULTY:
Easy
- » ACTIVITY DURATION:
2-3 hours exploring Machu Picchu
- » MACHU PICCHU CITADEL
ELEVATION:
2,430 m / 7,972 ft
- » OPTIONAL MOUNTAINS:
Moderate to Challenging
- » MACHU PICCHU MOUNTAIN
ELEVATION:
**3,000 m / 9,843 ft
(3-4 hours)**
- » HUAYNA PICCHU MOUNTAIN
ELEVATION:
**2,720 m / 8,924 ft
(2 hours)**
- » HUCHUY PICCHU MOUNTAIN
ELEVATION:
**2,497 m / 8,192 ft
(1.5 hours)**

1. Machu Picchu, Inca wonder
2. Impressive Inca architecture at Machu Picchu complex
3. Temple of the condor
4. Terraces in Machu Picchu
5. Temple of the Sun
6. Detail of the Inca architecture

INCLUSIONS



WHAT IS INCLUDED?

» Permits & Entrance Tickets

- Day 1: Entry Ticket to Humantay Lake & the Salkantay Trek
- Day 3: Entrance Ticket for Cocalmayo Hot Springs
- Day 5: Entry Ticket to Machu Picchu Archaeological Site

The "Machu Picchu Circuit 2" ticket offers the most complete tour of the Machu Picchu citadel and is also the most requested. For this reason, we recommend booking it well in advance to secure your entry.

» High Quality Service & Safety

- Pre-departure Briefing

You'll meet your guide for an orientation the evening before the trek. The meeting is scheduled for 5:00 p.m. at our main office in Cusco, but if you prefer, we'll be happy to meet you at your hotel.

- Experienced Tour Guide

Our official tour guides speak English and Spanish and are professionally trained and certified in safety and quality service. Chosen for their experience, responsibility, and passion for exploration, they take pride in sharing our culture and history. With their guidance, you'll stay informed, safe, and comfortable, ensuring a worry-free adventure and an unforgettable experience of a lifetime.

- One Duffle Bag

For the trek, you'll receive a duffle bag to pack your personal belongings, with a maximum weight limit of 10 kg (22 lb), which will be carried by our staff.

- Sleeping Bag

Our sleeping bags are durable and designed to keep you warm in temperatures as low as -18°C (0°F). They feature a mummy shape and include a sleeping liner for added warmth. Each bag is thoroughly cleaned and carefully maintained after every use.

- Trekking Poles

Trekking poles enhance stability on hard terrain while minimizing impact on joints.

- Medical Kit or First AID Kit

All Salkantay Trekking guides have specialized first aid training and attend mandatory training sessions every February. Your guide will always carry a first aid kit and oxygen to handle basic emergencies (altitude sickness, diarrhea, cuts, scrapes, etc.). If needed, we will evacuate you from the trail as quickly as possible and ensure you arrive at a clinic for treatment.

- Backpack Cover & Rain Poncho

Our attention to detail sets us apart. You'll receive a cover to protect your backpack and a poncho for extra comfort and protection along the way.

- Day 2: Horseback Ride from Soraypampa to Salkantay Pass

- 24/7 Customer Service

We have telephone service available 24 hours/day for ease of communication with Salkantay Trekking leading up to your tour.

- Professional long-range walkie-talkies

Walkie-talkies optimize communication, ensuring quick response and coordination in key situations and locations.

» Accommodation

- Accommodation in Exclusive Campsites

Like our ancestors, we're very considerate of the Pachamama (Mother Earth). For this reason, our campsites and lodges are adapted to the environment to avoid generating negative impacts.



Sky Camp



Mountain Sky View



Jungle Domes

- Campsite Facilities

Our campsites are designed for your comfort and convenience:

- **Bathrooms:** Shared bathrooms are available at our Sky Camp, while our Mountain Sky View and Super Jungle Domes Campsites offer private bathrooms.
- **Showers:** Enjoy refreshing showers at both the Mountain Sky View and Super Jungle Domes Campsites.
- **Dining & Kitchen Areas:** Each campsite features spacious dining areas and fully equipped kitchens, ensuring you can enjoy your meals comfortably and worry-free. Our mules transport all fresh cooking supplies.

• Day 4: Superior 3-Star Hotel in Aguas Calientes:

Enjoy your final night in a comfortable hotel, featuring double, matrimonial, or triple rooms with a private bathroom, hot shower, WiFi, breakfast, and luggage storage while you explore Machu Picchu.

» Meals

• 5 Breakfasts, 5 Lunches, and 4 Dinners

Our chef prepares the best dishes in the middle of the mountain. Our passengers love our food! We respect all diets (vegetarian, vegan, or special menus are available at no extra cost), so let us know if you have any particular allergies or restrictions on your reservation form and remind your guide during the briefing. You'll enjoy breakfast, lunch, and dinner, in addition to hot drinks and snacks.

• Water on the trail

We'll provide boiled, warm water during your hike, from your lunch in Soraypampa to your breakfast in Lucmabamba. Make sure to bring an empty water bottle or camel bag for refilling—we recommend a 2-liter capacity.

• Wake up tea

Every morning at the campsites, you'll wake up to a hot cup of coca tea, delivered straight to your bed—perfect for warming up before you start the day.

• Tea Time or Happy Hour

During the trek, every afternoon before dinner, our cooks will serve popcorn, cookies, coffee, hot chocolate, tea, and hot water. After a long day of hiking, you won't have to wait until dinner to unwind, warm up, and enjoy a tasty treat!

• Snacks on the trail daily

Before starting your trekking, your tour guide will provide you a cloth bag with local fruits, cookies, chocolate, caramels, etc. Every morning, we'll refill it so that you can enjoy your snacks during the walk.

• One cloth snack bag per person



We'll provide you with a cloth bag for your snacks—perfect for storing wrappers and keeping the environment clean. Feel free to use it throughout your trek!

» Transportation

• Private Transportation for the Salkantay Trek: Door-to-Door, Hassle-Free Service

• Day 0: Welcome to Cusco! Airport Pickup and Hotel Transfer.

• Day N: Farewell, Cusco! – Hotel to Airport or Bus Terminal Transfer.

• Day 1: You'll be picked up from your hotel in the morning and travel by private transport to Challacancha, the trek's starting point.

• Day 3: Transport from Lucmabamba to the thermal baths of Cocalmayo.

• Day 5: Private transport from Ollantaytambo train station to your hotel in Cusco.

• Day 5: Round-Trip Bus Ticket Aguas Calientes – Machu Picchu

• Train Tickets

• Day 4: Train Ticket from Hidroeléctrica to Aguas Calientes

• Day 5: Train Ticket from Aguas Calientes to Ollantaytambo (PeruRail Vistadome Observatory Service)

• Personal Belongings Transportation

• On days 1, 2, and 3, cargo mules will carry all the camping equipment and your baggage allowance (10 kg / 22 lb). Muleteers will be responsible for your duffle bag and personal items, and they'll hand them to you when you get to each camp.

• On day 4, your duffle bag will be transported by van and then by train.

WHAT IS NOT INCLUDED?

» Huayna Picchu Mountain

Up for a challenge? Climb Huayna Picchu, the iconic mountain behind Machu Picchu. This 45-minute uphill trek rewards you with breathtaking views and a profound sense of achievement. It's not for the faint-hearted, but if you're afraid of heights, push through—the reward is truly worth it!

- **Cost:** US\$ 60.00 per person.
- **Booking:** Reserve 2–3 months in advance due to high demand.
- **Entry Times:** 7:00 a.m. and 9:00 a.m. (recommended)

With your 6:00 a.m. Machu Picchu Citadel Circuit 2 entrance, you'll have time to climb Huayna Picchu after your guided tour. This portion is completed independently, following your guide's instructions.

» Machu Picchu Mountain

Machu Picchu Mountain is one of the breathtaking peaks that surround the archaeological site. Its trails are less steep, wider, and less intimidating than those of Huayna Picchu, making it an excellent option for those seeking a more relaxed climb. Reaching the summit takes approximately 1.5 hours and offers unforgettable panoramic views. This hike requires an entrance ticket, which we can secure for you in advance upon request.

- **Cost:** US\$ 60.00 per person.
- **Entry Times:** 6:00 a.m. and 8:00 a.m.

Your included entrance to Machu Picchu Citadel Circuit 2 is scheduled for 6:00 a.m. If you wish to hike Machu Picchu Mountain, you can select the 8:00 a.m. entry time. However, this will require pausing your guided tour of the citadel to complete the hike independently, following your guide's recommendations.

» Dinner in Cusco (Day 5)

» Optional Horseback Ride from Soraypampa to Humantay Lake (Day 1)

» Personal Hiking Clothes and Gear

» Travel Insurance

» Tips for our staff

While our team receives fair salaries, any additional gesture is always appreciated in recognition of their hard work and dedication. Participants often choose to pool their tips and present them directly to the hiking team or through their guide.

» Additional costs or delays beyond our control

Landslides, bad weather conditions, itinerary modifications due to a safety concern, illness, pandemic, government policy changes, political instability, strikes, acts of God, etc.



BEFORE YOU GO

We want to make your trip to Peru as memorable and carefree as possible. In this section, you'll find the answers to all your questions about traveling with Salkantay Trekking. Please read the following information carefully – it will also help you with any questions about our services.

» Is it for me?

The Salkantay Trek to Machu Picchu is an excellent alternative for the Inca Trail trek and better suited for more adventurous trekkers who can handle higher altitudes and longer distances. Ascending to reach the famous Salkantay Pass (4,630 m / 15,190 ft) is not too strenuous nor very steep since it is at the beginning of the trek. Still, it does require stamina and a little time in Cusco to acclimatize to the altitude before beginning the trek.

» How many days do I need to acclimate in Cusco before the Trek?

It is very important to be well acclimated to the altitude before exerting yourself on a trek. We do recommend that you arrive in Cusco at least 2 or 3 days before the trek starts to help you become acclimatized and avoid possible problems with altitude sickness while on the trek.

Suppose you have already been in another area of Peru at a high altitude before arriving in Cusco. In that case, we still recommend you have a whole day in Cusco to rest, recover from your travel, and enjoy the sights and sounds of Cusco before departing for the trek.

Here some suggestions for activities to do in the Cusco vicinity before starting your adventure trek:



City Tour



Sacred Valley



Maras Moray

» Briefing or Informative Meeting

All information meetings and briefings are held in our main office in Cusco (or your hotel) at 5:00 pm, one night before the tour begins. These meetings last approximately 30 to 45 minutes. If you're unable to attend, you must coordinate another time by email, by phone or at the Salkantay Trekking office.

» Trek Balance Payment (in Cusco)

The tour has to be paid in full at most 2 days before your departure. Otherwise, your reservation will not be confirmed.

It would be greatly appreciated if you pay the tour balance (US dollars or Peruvian soles) at our office in Cusco. You can withdraw money from several ATMs located in the historical center. We also accept payments by CARD or PAYPAL online, but please note this is subject to a 5% fee (charged by Niubiz and PayPal). We do not accept bank checks or traveler's checks as payment methods.

» Duffle Bag or Travel Bag

The evening before the trek, we'll provide you with a duffle bag to pack your clothes and personal gear needed for the trip. Our horsemen will carry it on the route and hand it to you once you get to each camp. Please note that you will not have access to your items in the bag until the end of each day.

The maximum weight allowed is 7 kg / 15.4 lb, including the weight of your sleeping bag, clothes, and other personal items. They measure 60 x 24 x 22 cm (23.6 x 9.4 x 8.7 in).

» Can I store my luggage at your office?

Of course! During the trip, you can store your main luggage for free at our office (arrange it with us on the briefing day or by email).

You can also safely keep any equipment you won't need for the tour in your hotel. Almost every hotel offers this service. Please do not leave valuable items in your bags; put them in the hotel safe and ask for an itemized receipt (in the unlikely case of theft, many insurance companies require that you have a copy of the receipt). For extra peace of mind, place items like credit cards inside a sealed and signed envelope.

» Pick up of guests

Please note:

- All pickups are within Cusco City, but we recommend booking a hotel in the historic center for its convenient location.
- Our guide or staff will confirm the pickup time the day before the tour.
- Due to traffic conditions, the pickup time may vary between 30 and 45 minutes.
- Cusco is an old city and has many narrow cobbled streets. Some hotels and Airbnbs are located on streets without car access or on long, steep slopes, making it difficult to transport luggage. For such reasons, we strongly advise you to book accommodation with good access.

» Return to Cusco

Returning from Machu Picchu requires quite a bit of logistics, but don't worry. Everything is included in your tour!

- In Machu Picchu, you'll board a bus that'll take you for 25 minutes to the small city of Aguas Calientes. The buses are boarded according to arrival.
- In Aguas Calientes, you'll board a train to Ollantaytambo. Your guide will give you the train tickets where the boarding time will be shown. Make sure you're on the platform 30 minutes early. The train from Aguas Calientes to Ollantaytambo takes 1:45 hours.
- Once you arrive at the station, our representative, identified with the Salkantay Trekking clothing, will be waiting to transfer you to Cusco or directly to your hotel. The trip from Ollantaytambo to Cusco takes 1:30 hours.
- In Cusco, depending on your hotel's location, we'll take you to a smaller car from our company (Hyundai H1) to transfer you faster to your hotel.

» Group Tours

Group tours are made up of different people with varying physical conditions and ages. By agreeing to be part of a group tour, you acknowledge that some people may be faster or slower than you. Therefore, each person can go at their own pace on the route.

In some cases, a group may want to modify the tour; however, the guide will be the one who decides, after consulting with all participants, whether such changes are possible.

» Strikes and demonstrations

Strikes and demonstrations are usually common in Peru, which may interrupt some of our tours. Roads and train tracks can be blocked or taken over. However, we will try



to keep your trip as originally planned, even if it means leaving the night before the scheduled date.

In case of changes or cancellations, our operations department will coordinate everything with you. Your safety is our highest priority, and we will make our decisions to protect it.

» Lost objects

Please pay attention to where you leave your belongings and remember to take everything once you leave a place or a transport. You're the only one responsible for your objects during the tour.

WHAT SHOULD YOU BRING?

- » Valid Passport
- » Extra money (recommended soles)
- » Personal medication
- » Water bottle or CamelBak – (optional water purifying pills)
- » Sunblock: factor 70 or more
- » Insect repellent
- » Personal Care Products
- » Hiking boots or shoes (preferably waterproof)
- » Light footwear or sandals
- » Trekking pants (*)
- » Trekking socks
- » Pair of thermal pants
- » Shorts
- » Waterproof gaiter
- » Long sleeve t-shirts
- » Warm jacket
- » Waterproof jacket
- » Raincoat or rain poncho.
- » Waterproof or wool gloves
- » Sun hat to protect neck and face
- » Wool hat for the cold
- » Neck gaiter or buff
- » Sunglasses with UV protection
- » Medium trekking backpack (15 – 25 liter)
- » Camera and charger
- » Power bank
- » Snacks: Energy bars, chocolate, candies, dried fruits, etc.
- » Bathing suit
- » Towel
- » Flashlight



*It is advisable to wear waterproof pants during the rainy season (September to March).



Salkantay
TREKKING
Trek & Expeditions Specialists

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Monday to Saturday - 9:00 am to 7:00 pm