



TREK

SALKANTAY & INCA TRAIL

7 days / 6 nights



DESCRIPTION

The Ultimate Combined Trek to Machu Picchu - The Best of Both Worlds

Are you finding it hard to decide between the Salkantay Trek and the Inca Trail? Well, twiddle your thumbs no more. Our Salkantay and Inca Trail 7 Days trek combines the two routes to Machu Picchu in one awesome trip. Both treks are considered in the top twenty-five treks in the world by National Geographic and put together form one of the most epic journeys of all.

It's no surprise that this combo will challenge you to the max and test your limits. However, when it all comes to a climax at the astounding Inca Citadel, Machu Picchu, you'll realize all your efforts were worth it. You'll feel a huge sense of achievement and fulfillment as you wander among the ancient city and look out over the beautiful panorama of Peru's dense jungle.

CONTENT



Map



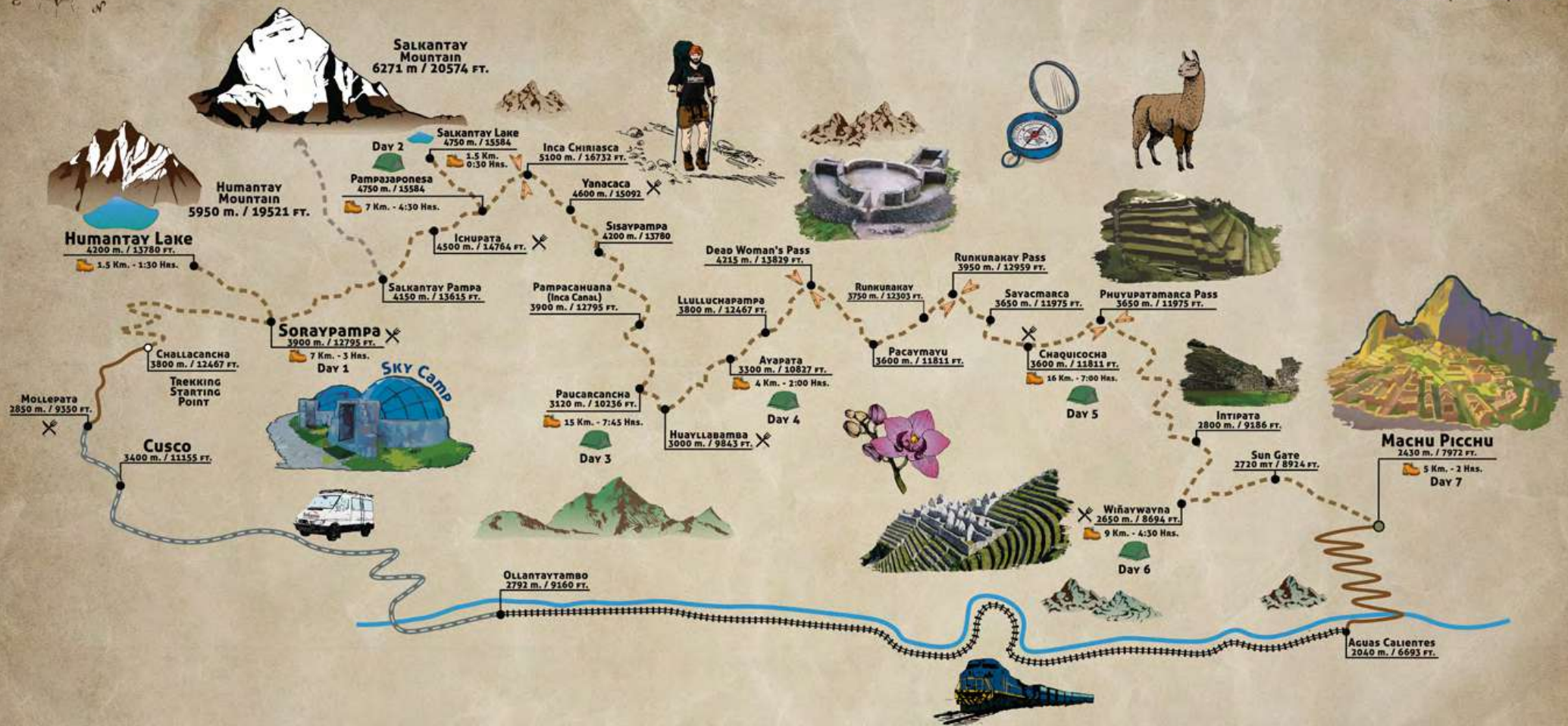
Itinerary



Inclusions



Packing List



DAY 01: Cusco - Mollepata - Challacancha - Soraypampa - Humantay Lake - Sky Camp

DAY 02: Soraypampa - Salkantaypampa - Ichupata - Pampajaponesa

DAY 03: Pampajaponesa - Abra Incachiriaska - Yanacaca - Pampacahuana - Canal Inca - Paucarcancha

DAY 04: Paucarcancha - Wayllabamba - Ayapata

DAY 05: Ayapata | Death Woman's Pass - Runkuraqay Pass - Yanacocha - Sayacmarca - Chaquicocha

DAY 06: Chaquicocha | Phuyupatamarca - Intipata - Wiñay Wayna

DAY 07: Wiñay Wayna | Sun Gate (Inti Punku) - Machu Picchu - Aguas Calientes - Ollantaytambo - Cusco

FULL ITINERARY

HIGHLIGHTS

- » This 7-Day trek to Machu Picchu offers tourists the chance to enjoy a combination of both the Salkantay Trek and the Inca Trail.
- » The Salkantay Trek and Inca Trail are both listed as two of the 25 best treks in the world by National Geographic Adventure Travel Magazine.
- » The Salkantay and Inca Trail 7 Days is one of the very best trekking adventures you'll find in Peru and across the whole of South America.
- » Trekkers can witness rustic bridges, cascades, streams, glaciers, colorful valleys, waterfalls, wildlife, unique plants, and the intriguing cloud forest.
- » Camping with fewer people allows you to control your trip and have the best views of these incredible mountains.
- » The Inca Trail trek is listed in the top 5 best hikes in the world by multiple different magazines.
- » Learn all about the ancient culture of the Incas and how they lived up in the mountains hundreds of years ago.
- » End your journey with a visit to the world-famous Machu Picchu that'll take your breath away.

DAY 01

Cusco - Mollepata - Challacancha -
Soraypampa - Humantay Lake - Sky Camp

Hike to the Jewel in the Mountains

You'll be up nice and early today to be ready for us to pick you up around 4:00 a.m. You'll travel in our comfy transportation with blankets to enjoy a bit more sleep on the drive. After 2 hours, we'll enjoy a brief stop in Mollepata for an optional breakfast. We'll then continue on to Challacancha, where we'll start our hike.

First, you'll meet the cooks and horsemen, as well as do a last equipment check. Then, we'll be on our way. You'll start with a 3-hour moderate walk to Soraypampa (3,900 m / 12,795 ft), where we'll be spending our first night. The first section is relatively flat with a slight bit of uphill through a deep valley of glaciers. You'll notice that a lot of the trail follows a restored Inca water channel, which local farmers still make use of today. This section is 7 km / 4.35 mi overall.

Once in Soraypampa, you'll get settled in at our exclusive Sky Camp, where you'll sleep this evening.



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You'll have a bit of time to rest after enjoying your first lunch in the mountains. Feeling refreshed, it'll be time to start the hike up to the incredibly beautiful Humantay Lake (4,200 m /13,780 ft).

This round trip takes about 3 hours and covers 3 km / 1.86 mi. It's not far, but you need to take things slowly at this altitude. You'll have some time once you get to the lake to enjoy the fantastic scenery. There aren't many places in the Andes quite as stunning as the turquoise waters glistening against the Humantay glacier. You'll feel like you're in a fairy tale!

Back at camp, you'll enjoy a delicious and well-deserved dinner with a beautiful sunset as your company. You can't describe the energy here, but you'll feel its peacefulness for yourself once here. Then it'll be time to turn into your Sky Camp igloo. From the glass roof, you'll be able to enjoy a night under the stars, constellations and comets, and wake up to see the Apu Salkantay watching over you.

Our dazzling SKY CAMP is located in front of the impressive mountains Humantay and Salkantay. This campsite creates the perfect union of sky and earth. It allows you to sleep calmly under a clear sky starred with an exceptional view of the constellations. At the same time, you can enjoy all the comforts of a first-class vacation home.

- » 26 igloos
- » 2 person per hut
- » Dining room and kitchen
- » Toilets and cold shower
- » **Optional:**
 - Wi-Fi



DAY FACTS

- » MEALS:
Lunch and Dinner
- » ACCOMMODATION:
Sky Camp
- » DIFFICULTY:
Moderate
- » WALKING DISTANCE:
10 km / 6.21 mi
- » WALKING TIME:
5 to 6 hours
- » STARTING ELEVATION:
3,800 m / 12,467 ft
- » MINIMUM ELEVATION:
3,800 m / 12,467 ft
- » HIGHEST ELEVATION:
4,200 m / 13,780 ft
- » CAMPSITE ELEVATION:
3,900 m / 12,795 ft

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1. Humantay Lagoon
 2. Sky Camp
 3. Sky Camp Dining Room
 4. Interior of the Sky Camp domes

DAY 02

Soraypampa – Salkantaypampa – Ichupata –
Pampajaponesa



Witness the majestic Salkantay

In the morning, we will wake you up with a hot coca tea to give you the boost you'll need to start your day. Then, you'll savor a delicious breakfast and listen to a brief explanation from our guide about the importance of the mountains in Andean culture.

We will begin the hike heading to Salkantaypampa. This part of the trail is a bit steep and challenging due to the altitude, so it's important not to rush and stay hydrated to avoid altitude sickness. But don't worry, after the ascent, the trail becomes flat, and you'll be rewarded with the best views of the snow-capped mountains of the Andes. It's a great time to connect with nature and enjoy the surroundings.



We will continue towards Ichupata to enjoy a delicious lunch while appreciating the most wonderful views of nature. As you hike this trail, you'll be surrounded by natural landscapes and the Salkantay mountain. After lunch, we head towards Pampajaponesa, where we will spend the night.

Pampajaponesa is a great place to rest and relax after a long day of hiking. Here, you'll contemplate the best panoramic views of the Mollepata valley, the Apurimac River, and some lagoons that are on the way, making this place a great destination to take photos of the beautiful landscape. At night, you'll enjoy the exquisite food prepared by our chefs while appreciating the constellations of the Andean sky.



DAY FACTS

- » MEALS:
Breakfast, Lunch, and Dinner
- » ACCOMMODATION:
Camp
- » DIFFICULTY:
Moderate
- » WALKING DISTANCE:
8 km / 4.97 mi
- » WALKING TIME:
5-6 hours
- » STARTING ELEVATION:
3,900 m / 12,795 ft
- » MINIMUM ELEVATION:
3,900 m / 12,795 ft
- » HIGHEST ELEVATION:
4,750 m / 15,584 ft
- » CAMPSITE ELEVATION:
4,750 m / 15,584 ft

1. Ichupata
2. Salkantaypampa
3. Japanese Pampa
4. Salkantay Lagoon
5. Streams flowing down from the snow-capped mountain
6. Geological formations

DAY 03

Pampajaponesa – Incachiriaska Pass –
Yanacaca – Pampacahuana – Inca Canal –
Paucarcancha

Adventure Through the Andean Mountains

Today, you will start the morning with a hot coca tea and a good breakfast, as it will be the toughest day of the entire hike. We will slowly ascend to Incachiriaska Pass (5,100m / 16,732ft), the highest point of our journey, all accompanied by powerful glaciers.

Upon reaching the summit, you will be greeted with coca tea that will help you acclimatize to the altitude while admiring the beautiful scenery surrounding you, with lovely valleys scattered with crystal-clear lagoons. If you're lucky, you may see the majestic flight of the condor. There, you have the option to take a 30-minute walk to see the glaciers up close. Otherwise, we will begin our descent.



Soon, we will arrive at Yanacaca, our lunch spot, where our chefs will be waiting for us with everything ready for us to enjoy a well-deserved feast. Here, we can relax a bit before continuing with the hike.

In the afternoon, we will descend towards Pampacahuana through beautiful Andean valleys so picturesque that they will surely motivate you to have a camera in hand. This is an ideal place to rest and enjoy the views. Then, we will walk through a section of the Inca Trail that connects to different archaeological sites in the area until we reach the Inca Canal.

After learning a little more about its incredible history and the customs of the local people, we will enjoy a delicious dinner and rest at our campsite in Paucarcancha. You'll need to recover energy to continue the exciting journey the next day.



DAY FACTS

- » MEALS:
Breakfast, Lunch, and Dinner
- » ACCOMMODATION:
Camp
- » DIFFICULTY:
Challenging
- » WALKING DISTANCE:
12 km / 7.46 mi
- » WALKING TIME:
4-5 hours
- » STARTING ELEVATION:
4,750 m / 15,584 ft
- » MINIMUM ELEVATION:
3,120 m / 10,732 ft
- » HIGHEST ELEVATION:
5,100 m / 16,732 ft
- » CAMPSITE ELEVATION:
3,120 m / 10,732 ft

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1. Yanacaca
 2. Pampacahuana
 3. Paucarcancha Valley
 4. Paucarcancha Archaeological Center
 5. Paucarcancha Archaeological Center

DAY 04

Paucarcancha - Wayllabamba - Ayapata



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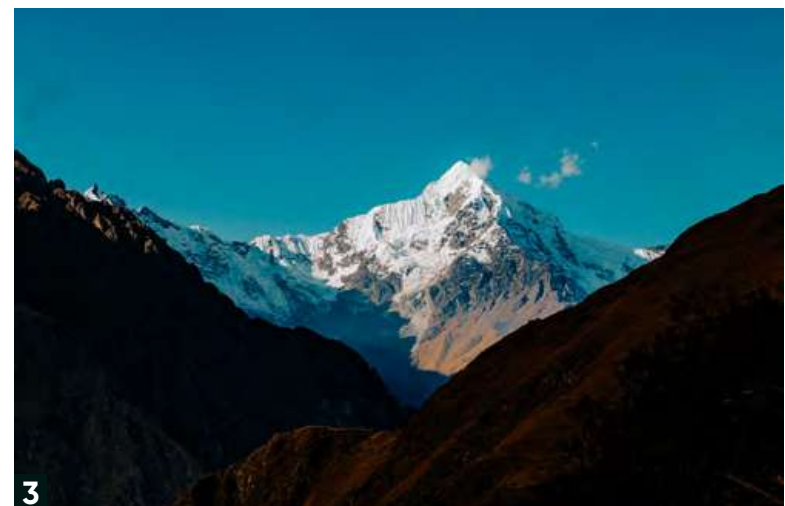
Your Inca Expedition Begins Here

Today, you'll feel as though you've been transported back in time as you walk the paths as the traditional farmers of Peru who live in complete communion and respect with Mother Earth, or Pachamama, as so many have done since ancient times. You'll be able to observe how they live in these remote regions and appreciate the tranquil nature of their lifestyle.

A little later on, we'll get to the Inca archaeological site called Paucarcancha to learn a bit about its history and advanced architecture for its time. Your



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guide will also show you how the vegetation changes as you get closer to the Sacred Valley of the Incas. The climate will get warmer and vegetation thicker.

Then, you'll finally enter the classic Inca Trail and have your lunch. You'll have time for a short break before we begin the ascent to our camp. Keep your camera handy to snap some wonderful photographs of the impressive mountains that welcome you as we enter the cloud forest. This evening, you'll have a tasty dinner before heading to bed for some well-deserved rest.



DAY FACTS

- » MEALS:
Breakfast, Lunch, and Dinner
- » ACCOMMODATION:
Camp
- » DIFFICULTY:
Moderate
- » WALKING DISTANCE:
12 km / 7.46 mi
- » WALKING TIME:
4 hours
- » STARTING ELEVATION:
3,120 m / 10,236 ft
- » MINIMUM ELEVATION:
3,000 m / 9,843 ft
- » HIGHEST ELEVATION:
3,300 m / 10,827 ft
- » CAMPSITE ELEVATION:
3,300 m / 10,827

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1. Paucarcancha
 2. Start Inca Trail
 3. Wakaywillka Snowy
 4. Inca Trail
 5. Huayllabamba
 6. Inca Trail

DAY 05

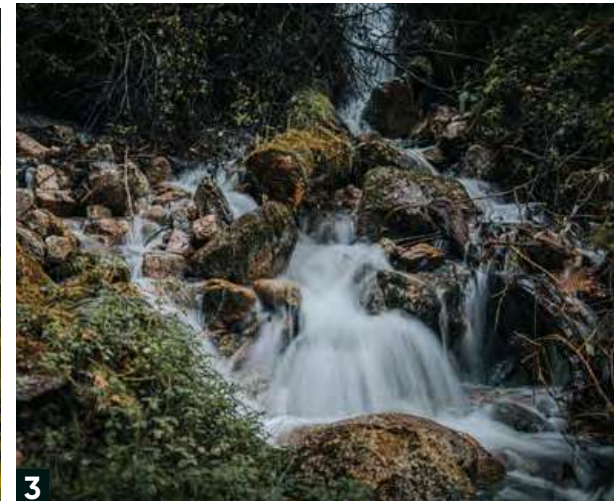
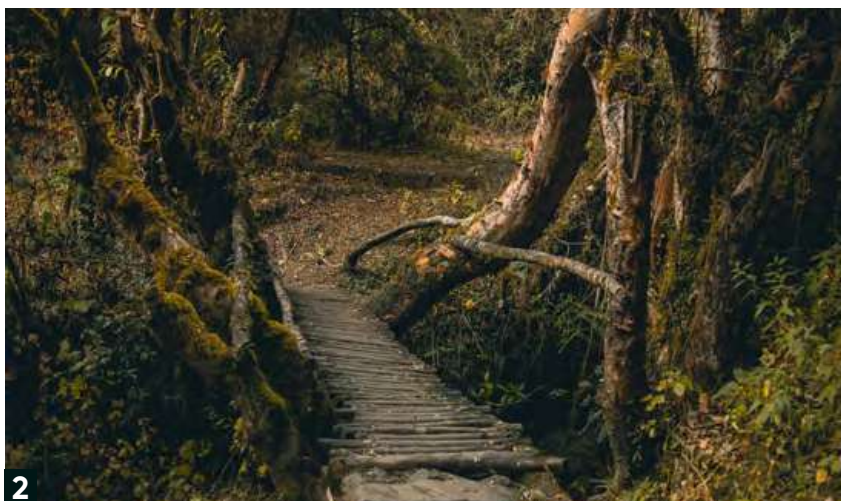
Ayapata | Death Woman's Pass – Runkuraqay
Pass – Yanacocha – Sayacmarca –
Chaquicocha

Retracing Ancient Steps and Visiting Inca Constructions

Today is the most demanding part of the Inca Trail, but you'll also enjoy the best rewards. After breakfast, we'll begin a 4-hour ascent and observe how the landscape changes dramatically as we leave the thick vegetation behind once again and enter colder mountains. You'll notice lots of Andean hay around, called "icchu," which is the main diet of many animals that live in the region.

We'll reach 4,215 m / 13,829 ft at the Dead Woman's Pass, the highest part of the Inca Trail, where you'll have some time to relax and enjoy the glorious views all around of glistening glaciers who refuse to disappear into the clouds due to climate change.

Afterward, we'll descend along a cobbled path to our lunch spot. This section of the trail is dotted with exotic flowers and wild orchids. We ask you to take great care of them as they're at risk of extinction. According to the Andean culture, if you take things slowly and connect with nature, you should be accompanied by the magical flight of hummingbirds that are a sign of good luck.



After lunch, we'll climb for another 45 minutes until we reach the beautiful archaeological site of Runkuraqay. Despite the many theories and studies regarding the site, most experts believe it to have been a vantage point to monitor the valley below. Use this opportunity to take some photos and spread your wings as you imagine yourself soaring high above the mountains like a condor. We'll then continue for 45 minutes more until we reach the Runkuraqay Pass (3,950 m / 12,959 ft)

Your guide will give you a brief talk here as you rest your legs before you start a 30-minute descent to Yanacocha, where rituals were performed in honor of the water's spirit. Little by little, mist will cover the road as you enter the cloud forest and approach the Sayacmarca archaeological site. Once there, you'll be dazzled by the fine work and mastery of Inca architecture that still remains a mystery today.

Don't give up yet! There are still 25 more minutes of walking to reach our camp in Chaquicocha. You'll feel the warm embrace of the Amazonian spirit and the energy of life surround you in this incredible place to observe local flora and fauna's diversity. Enjoy a hearty dinner and a great night's sleep.



DAY FACTS

- » MEALS:
Breakfast, Lunch, and Dinner
- » ACCOMMODATION:
Camp
- » DIFFICULTY:
Challenging
- » WALKING DISTANCE:
16 km / 9.94 mi
- » WALKING TIME:
8-9 hours
- » STARTING ELEVATION:
3,300 m / 10,827 ft
- » MINIMUM ELEVATION:
3,300 m / 10,827 ft
- » HIGHEST ELEVATION:
4,215 m / 13,829 ft
- » CAMPSITE ELEVATION:
3,600 m / 11,811 ft

1. Ayapata
2. Bridge on Inca Trail
3. Waterfalls on the Inca Trail
4. Runkuraqay Archaeological Center
5. Sayacmarca Archaeological Center
6. Stairway on the Inca Trail

DAY 06

Chaquicocha | Phuyupatamarca - Intipata -
Wiñay Wayna

Explore Inca Sites and Learn Their History

After the difficult day yesterday, you're rewarded with a much easier hike today, starting with a tasty breakfast. Before we begin our walk, ask permission from the beautiful Pumasillo glacier, and fill yourself with its energy. You'll only walk a total of 5 hours today and see three impressive archaeological sites along the way.

First off, we'll reach the Inca complex of Phuyupatamarca or "Town above the clouds." The Inca nobles used this sacred place to communicate with the stars and study astronomy, which was a very important part of their culture.

After, we'll descend for two-and-a-half hours to get to an agricultural experimentation station, Intipata (2,800 m / 9,186 ft), where you'll find a series of platforms used to create microclimates that boost food production in the area. From there, you'll also get a fantastic view of the Sacred Valley of the Incas and Urubamba River - a sacred body of water that runs through this territory as if it were a huge



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anaconda. Finally, we'll arrive at our lunch spot and campsite in Wiñay Wayna (2,650 m / 8,694 ft).

After lunch, you'll have the opportunity to take a shower and relax as you'll have the afternoon free to do what you please. You can also visit the archaeological site of Wiñay Wayna. Once again, the advanced architecture of the Incas will surprise you with aqueducts and temples. Listen carefully to your knowledgeable guide, who'll reveal the mysteries of this fascinating place to you.

Finally, enjoy your happy hour of snacks and hot drinks and your last dinner before our team of porters and cooks say their goodbyes to you. Thank them warmly for allowing you to have a fantastic adventure in comfort.



DAY FACTS

- » MEALS:
Breakfast, Lunch, and Dinner
- » ACCOMMODATION:
Camp
- » DIFFICULTY:
Moderate
- » WALKING DISTANCE:
9 km / 5.59 mi
- » WALKING TIME:
4-5 hours
- » STARTING ELEVATION:
3,600 m / 11,811 ft
- » MINIMUM ELEVATION:
2,650 m / 8,694 ft
- » HIGHEST ELEVATION:
3,650 m / 11,975 ft
- » CAMPSITE ELEVATION:
2,650 m / 8,694 ft

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1. Phuyupatamarca Archaeological Center
 2. Inca Trail
 3. Intipata Archaeological Center
 4. Wiñaywayna Archaeological Center

DAY 07

Wiñay Wayna | Sun Gate (Inti Punku) –
Machu Picchu – Aguas Calientes –
Ollantaytambo – Cusco

Explore the Incredible Inca City Fortress: Machu Picchu

The day you've been waiting for since you set foot on the trail is here! You'll feel your heart skip a beat when you visit one of the most energetic places on earth, Machu Picchu.

We'll get up earlier than usual today while the world is still enveloped in darkness. You'll get to have a quick breakfast before we start a 2-hour walk to the Historic Sanctuary of Machu Picchu.

After the first hour of walking, we'll reach the Sun Gate, and you'll see the archaeological gem that is Machu Picchu in the middle of the mountains for the first time in the distance. You'll wonder how the ancient culture was able to build this wonder on almost inaccessible land on the side of a mountain. The last stretch is approximately 1-hour downhill. The sun's spectacle at dawn illuminating this ancient site will leave you breathless and imprint an image in your mind that you'll never forget.

Once you enter the wonder of the world, you'll enjoy a one-and-a-half-hour guided tour to discover



the hidden secrets of the citadel. You're sure to be surprised at the amazing architecture and that some fountains and aqueducts continue to function after being built more than five centuries ago. This is also the time to hike up Huayna Picchu or Machu Picchu Mountain for an incredible panoramic view of Machu Picchu if you have pre-booked tickets.

Upon exiting the complex, you can catch a bus to the small town of Aguas Calientes, where you'll find lots of restaurants. Choose one to enjoy your lunch in, but remember to be at the train station thirty minutes before your train is scheduled to leave.

You'll arrive in Ollantaytambo where our private transport will be waiting to take you back to Cusco to the door of your accommodation. You can finally rest those tired legs, but we can assure you that your heart will still be beating to the Andean rhythm for years to come.



DAY FACTS

» MEALS:

Breakfast box

» DIFFICULTY:

Moderate

» WALKING DISTANCE:

5 km / 3.11 mi

» WALKING TIME:

2 hours

» STARTING ELEVATION:

2,650 m / 8,694 ft

» MINIMUM ELEVATION:

2,040 m / 6,693 ft

» HIGHEST ELEVATION:

2,720 m / 8,924 ft

» MACHU PICCHU SITE

ELEVATION:

2,430 m / 7,972 ft

1. Machu Picchu, Inca wonder
2. Impressive Inca architecture at Machu Picchu complex
3. Temple of the condor
4. Terraces in Machu Picchu
5. Temple of the Sun
6. Detail of the Inca architecture

INCLUSIONS



WHAT IS INCLUDED?

» Permits & Entrance Tickets

- Entry to the Salkantay Trek
- Permits and Ticket for the Inca Trail

We will secure all necessary permits once we receive your complete information and reservation deposit. Permits are subject to availability and are issued for a specific date and under your name. They cannot be changed under any circumstances. Changes in passport number are only permitted for renewal reasons. In that case, you must provide both your old and new passports.

- Entry to Machu Picchu Archaeological Site (Circuit 3)

» High Quality Service & Safety

- Pre-departure Briefing

You'll have an orientation meeting with your guide the evening before the tour. The meeting is at 5:00 p.m. in our office and, depending on the itinerary, in your hotel.

- Experienced Tour Guide

Our official tour guides speak English and Spanish and are professionally trained and certified. We choose them for their experience, responsibility, unbridled passion for exploring, and pride in sharing our culture and history. In every experience, they will keep you safe and comfortable so you can enjoy your time worry-free!

- Private Camping Equipment

- Tents: You'll have spacious dining tents to enjoy your meals worry-free.
- Tables, chairs, and cooking equipment
- Portable Travel Toilet
- Sleeping Pad

All equipment will be carried by our horses and then, by our porters.

- One Duffle Bag

For the trek, you'll receive a duffle bag to pack your personal belongings up to a maximum weight of 7 kg / 15.4 lb (this weight includes your sleeping bag).

- Medical Kit or First AID Kit

All Salkantay Trekking guides have specialized first aid training and attend mandatory training sessions every February. Your guide will always carry a first aid kit and oxygen to handle basic emergencies (altitude sickness, diarrhea, cuts, scrapes, etc.). If needed, we will evacuate you from the trail as quickly as possible and ensure you arrive at a clinic for treatment.

- Extras Included in our Service

We believe that attention to small details is what sets us apart from other local companies. You'll receive a cover to protect your backpack on the road and a rain poncho.

- 24/7 Customer Service

We have telephone service available 24 hours/day for ease of communication with Salkantay Trekking leading up to your tour.

- Satellite Phone

Your tranquility is our first priority. Although our guides are prepared for emergencies in the mountains, calling a doctor, hospital, or a friend can make you feel more secure. For that reason, each Salkantay Trekking guide carries a satellite phone to call any location worldwide and from anywhere on the mountain.

» Accommodation

- Accommodation in Private Campsites

Our dazzling SKY CAMP is located in front of the impressive mountains of Humantay and Salkantay. The campsite creates the perfect union of sky and earth, allowing you to sleep calmly under a clear, starry sky with exceptional views of the constellations. At the same time, you can enjoy all the comforts of a first-class vacation home.



Sky Camp

- 5 Nights Accommodation in Tents

Days 2, 3, 4, 5, and 6: Salkantay Trekking uses the best camping tents to ensure your safety and comfort (e.g., Eureka Timberline or Mountain Hard Wear tents).

» Meals

- 6 Breakfasts, 6 Lunches, and 6 Dinners

Our chef prepares the best dishes in the middle of the mountain. Our passengers love our food! We respect all diets (vegetarian, vegan, or special menus are available at no extra cost), so let us know if you have any particular allergies or restrictions on your reservation form and remind your guide during the briefing. You'll enjoy breakfast, lunch, and dinner, in addition to hot drinks and snacks.

- Water on the trail

We'll provide boiled, filtered, and cooled water during your hike, from your first lunch to your last breakfast. For this, you need to bring a camel bag or an empty bottle which you can refill during each meal (we recommend a capacity of 2 liters).

- Wake up tea

You'll wake up every morning at the camp with a cup of hot coca tea! It'll be brought to your tent so you can warm up before you start the day.

- Tea Time or Happy Hour

Every afternoon before dinner, the cooks will provide you with popcorn, cookies, coffee, hot chocolate, tea, hot water, etc. After a long day of hiking, you won't have to wait until dinner to relax, warm up, and enjoy a bite!

- Snacks on the trail daily

Before starting your trekking, your tour guide will provide you a cloth bag with local fruits, cookies, chocolate, caramels, etc. Every morning, we'll refill it so that you can enjoy your snacks during the walk.

- One cloth snack bag per person

To avoid the use of plastic bags that contaminate our environment, we'll give you a cloth bag for your snacks.

- Hygiene Products

We'll provide you with a small towel and soap to clean your hands before each meal.

» Transportation

- Transport

- Day 1: You'll be picked up from your hotel in the morning and travel in our transportation to Challacancha, the starting point of the trek.

- Day 7: One-Way Bus Ticket from Machu Picchu to Aguas Calientes

- Day 7: Transport from Ollantaytambo train station to your hotel in Cusco.

- Train Ticket from Aguas Calientes to Ollantaytambo (Day 7)

PeruRail Expedition Service

- Cargo Mules

On days 1, 2, and 3, cargo mules will carry all the camping equipment and your baggage allowance (7 kg / 15.4 lb). Our muleteers will be responsible for your duffle bag and personal items, and they'll hand them to you when you get to each camp.

- Porters Team (Inca Trail)

Our Porters Team will carry all camping equipment and supplies needed for the trek. Additionally, we'll include the personal service of a porter responsible for carrying your duffle bag and personal items.

WHAT IS NOT INCLUDED?

» Extras and important equipment

You will need a sleeping bag for camping. Trekking poles are optional but highly recommended. If you don't have them, don't worry; you can rent them from Salkantay Trekking.

- **Sleeping bag: US\$ 35.00**
- **Walking poles (pair): US\$ 35.00**

» Huayna Picchu Mountain

You can climb the famous mountain you always see in the photos behind the archaeological site of Machu Picchu. It's 45 minutes uphill, and coming back down can be scary if you fear heights. You can take this excursion once your guided tour to Machu Picchu ends. The permit must be issued at least one month in advance due to high demand. Consider that there could be changes to protect your integrity, mainly due to weather conditions.

- **The ticket for Huayna Picchu Mountain has an extra cost of US\$ 60.00 per person.**

» Machu Picchu Mountain

Machu Picchu Mountain is another of the mountains that surround the archaeological site of Machu Picchu. It offers less steep, wider, and visually less frightening trails than Huayna Picchu, and it takes 1.5 hours to reach the top. This walk requires an entrance ticket which we can secure for you if we have time in advance.

- **The ticket for Machu Picchu Mountain has an extra cost of US\$ 60.00 per person.**

» Lunch in Aguas Calientes and Dinner in Cusco (Day 7)

» Personal Hiking Clothing and Gear

» Travel Insurance

» Tips for our staff



Tipping is usual on any excursion to Peru. Although we pay good salaries to our team, something extra is always welcome.

» Additional costs or delays beyond our control

Landslides, bad weather conditions, itinerary modifications due to a safety concern, illness, pandemic, government policy changes, political instability, strikes, acts of God, etc.

BEFORE YOU GO

We want to make your trip to Peru as memorable and carefree as possible. In this section, you'll find the answers to all your questions about traveling with Salkantay Trekking. Please read the following information carefully – it will also help you with any questions about our services.

» How many days do I need to acclimate in Cusco before the Trek?

It's very important to be well acclimated to the altitude before exerting yourself on a trek. We recommend that you arrive in Cusco at least 2 or 3 days before the trek starts to help you adjust and avoid possible problems with altitude sickness while on the trek.

You might have already been in another area of Peru at a high altitude before arriving in Cusco. In that case, we still recommend you have a whole day in Cusco to rest, recover from your travel, and enjoy the sights and sounds of Cusco before departing for the trek.

Here some suggestions for activities to do in the Cusco vicinity before starting your adventure trek:



City Tour



Sacred Valley



Maras Moray

» Briefing or Informative Meeting

All briefing meetings are held at 5:00 p.m. in our main office in Cusco (or your hotel) the day before the tour. The meeting lasts between 30 to 45 minutes. If you're unable to attend, you'll need to arrange a different time by email, phone, or by visiting the Salkantay Trekking office.

» Trek Balance Payment (in Cusco)

The tour has to be paid in full at most 2 days before your departure. Otherwise, your reservation will not be confirmed.

It would be greatly appreciated if you pay the tour balance (US dollars or Peruvian soles) at our office in Cusco. You can withdraw money from several ATMs located in the historical center. We also accept payments by CARD or PAYPAL online, but please note this is subject to a 5% fee (charged by Niubiz and PayPal). We do not accept bank checks or traveler's checks as payment methods.

» Duffel Bag or Canvas Case

The evening before the trek, we'll provide you with a duffel bag to pack your clothes and personal gear needed for the trip. Our horsemen and porters team will carry it on the route and hand it to you once you get to each camp. Please note that you will not have access to your items in the bag until the end of each day.

The maximum weight allowed is 7 kg / 15.4 lb, including the weight of your sleeping bag, clothes, and other personal items. They measure 60 x 24 x 22 cm (23.6 x 9.4 x 8.7 in).

» Can I store my luggage at your office?

Of course! During the trip, you can store your main luggage for free at our office (arrange it with us on the briefing day or by email).

You can also safely keep any equipment you won't need for the tour in your hotel. Almost every hotel offers this service. Please do not leave valuable items in your bags; put them in the hotel safe and ask for an itemized receipt (in the unlikely case of theft, many insurance companies require that you have a copy of the receipt). For extra peace of mind, place items like credit cards inside a sealed and signed envelope.

» Pick up of guests

Please note:

- All pickups are within Cusco City, but we recommend booking a hotel in the historic center for its convenient location.
- Our guide or staff will confirm the pickup time the day before the tour.
- Due to traffic conditions, the pickup time may vary between 30 and 45 minutes.
- Cusco is an old city and has many narrow cobbled streets. Some hotels and Airbnbs are located on streets without car access or on long, steep slopes,

making it difficult to transport luggage. For such reasons, we strongly advise you to book accommodation with good access.

» Return to Cusco

Returning from Machu Picchu requires quite a bit of logistics, but don't worry. Everything is included in your tour!

- In Machu Picchu, you'll board a bus that'll take you for 25 minutes to the small city of Aguas Calientes. The buses are boarded according to arrival.
- In Aguas Calientes, you'll board a train to Ollantaytambo (or Poroy). Your guide will give you the train tickets where the boarding time will be shown. Make sure you're on the platform 30 minutes early. The train from Aguas Calientes to Ollantaytambo takes 1:45 hours.
- Once you arrive at the station, our representative, identified with the Salkantay Trekking clothing, will be waiting to transfer you to Cusco or directly to your hotel. The trip from Ollantaytambo to Cusco takes 1:30 hours.
- In Cusco, depending on your hotel's location, we'll take you to a smaller car from our company (Hyundai H1) to transfer you faster to your hotel.

» Group Tours

Group tours are made up of different people with varying physical conditions and ages. By agreeing to be part of a group tour, you acknowledge that some people may be faster or slower than you. Therefore, each person can go at their own pace on the route.

In some cases, a group may want to modify the tour; however, the guide will be the one who decides, after consulting with all participants, whether such changes are possible.

» Strikes and demonstrations

Strikes and demonstrations are usually common in Peru, which may interrupt some of our tours. Roads and train tracks can be blocked or taken over. However, we will try to keep your trip as originally planned, even if it means leaving the night before the scheduled date.

In case of changes or cancellations, our operations department will coordinate everything with you. Your safety is our highest priority, and we will make our decisions to protect it.

» Lost objects

Please pay attention to where you leave your belongings and remember to take everything once you leave a place or a transport. You're the only one responsible for your objects during the tour.



WHAT SHOULD YOU BRING?

- » Valid Passport
- » Extra money (recommended soles)
- » Personal medication
- » Water bottle or CamelBak - (optional water purifying pills)
- » Sunblock: factor 70 or more
- » Insect repellent
- » Personal Care Products
- » Hiking boots or shoes (preferably waterproof)
- » Light footwear or sandals
- » Trekking pants (*)
- » Trekking socks
- » Pair of thermal pants
- » Shorts
- » Waterproof gaiter
- » Long sleeve t-shirts
- » Warm jacket
- » Waterproof jacket
- » Raincoat or rain poncho.
- » Waterproof or wool gloves
- » Sun hat to protect neck and face
- » Wool hat for the cold
- » Neck gaiter or buff
- » Sunglasses with UV protection
- » Sleeping bag (-15°C)
- » Trekking poles
- » Medium trekking backpack (15 - 25 liter)
- » Camera and charger
- » Power bank
- » Snacks: Energy bars, chocolate, candies, dried fruits, etc.
- » Flashlight



*It is advisable to wear waterproof pants during the rainy season (September to March).




Salkantay
TREKKING
Trek & Expeditions Specialists

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Monday to Saturday - 9:00 am to 7:00 pm