



**PREMIUM  
INCA JUNGLE TREK**

TO MACHU PICCHU 4 DAYS | 3 NIGHTS  
CONQUER THE JUNGLE ON AN ALL-INCLUSIVE TRIP TO MACHU PICCHU.

# DESCRIPTION



Do you like adventure? Then you're ready for the best adventure of your life: The Inca Jungle Trek to Machu Picchu! In this premium version, you'll enjoy hiking, biking, rafting, and ziplining. You'll be busy with high-energy activities.

And if that wasn't enough, impressive mountain and jungle landscapes will accompany you for these three days, not to mention Inca archeological sites. Lastly, you'll get to Aguas Calientes, just near Machu Picchu. On the fourth day, you'll finally be able to visit the Inca citadel, one of the 7 Wonders of the Modern World. History, architecture, nature, and good vibes: just the journey for adventurers. Ready?

## Overview

If you need a hefty dose of adrenaline, the Premium Inca Jungle Trek to Machu Picchu has what your heart and soul are looking for. Extreme sports, remote trails, and no semblance of a routine. Sunrises and sunsets. Wild animals. The life of an explorer discovering Peru.

Your steps will take you through archeological sites that are now silent but were once full of life. You'll also be able to learn about the animal and plant life that make up the tropical forests of the Andes. The gentle wind will refresh you as you walk, whistle past your ears as you ride on two wheels, and accompany you as you rise to the challenge of the Vilcanota River rapids. If you still have energy, forget the nerves and launch yourself across a zipline! When the day's done, you'll rest among the sounds of the jungle, savoring a hot drink and listening to the stories of your fellow travelers. There won't be a moment to spare!

With a happy heart, the time will come to spend your last day among the walkways, terraces, temples, and plazas of Machu Picchu. Your questions won't go unanswered; you'll hear all about the history of this wonder and the secrets of its famous architecture. It'll be a complete, combined journey where you're the main character!



# DAY BY DAY



## 1 DAY

Cusco - Malaga Pass - Huamanmarca - Santa Maria (Biking, Rafting)

- ✓ Start a few hours from Cusco at Malaga Pass. You'll take off by bike high in the mountains and spend three hours cycling at full speed. In the afternoon, you'll experience the Peruvian rapids in white water rafting. Spend the night at a lodge in Santa Maria.

## 2 DAY

Santa Maria - Santa Teresa (Zip Line) - Cocalmayo Hot Springs - Lucmabamba Camp (Jungle Domes)

- ✓ Today you'll take a break from high-energy activities. Visit a local family and learn about the region's flora and fauna. Hike on part of the Inca Trail and hop on a zipline in Santa Teresa. To loosen up your muscles, soak in the hot springs of Cocalmayo and sleep at our Lucmabamba campsite.

## 3 DAY

Lucmabamba - Llactapata - Hidroelectrica - Aguas Calientes

- ✓ Start the day with a coffee farm and hike up to Llactapata. Your reward the first view of Machu Picchu! Then, arrive at Hidroelectrica and hike the last stretch to Agua Calientes. Rest in a nice hotel tonight.

## 4 DAY

Aguas Calientes - Machu Picchu - Ollantaytambo - Cusco

- ✓ Wake up early today to avoid the crowds! You'll be treated to a 2-hour guided tour of Machu Picchu. Once you're back in Aguas Calientes, you'll have lunch and enjoy the warm weather before taking the train to Ollantaytambo and a private car back to Cusco.



# PREMIUM INCA JUNGLE TREK TO MACHU PICCHU

## 4 Days Trek







# FULL ITINERARY

## Premium Inca Jungle Trek to Machu Picchu 4 Days

### Highlights

- All adventure activities are included in this exciting Inca Jungle trek to Machu Picchu: hiking, cycling, visiting hot springs, rafting, and ziplining.
- Bike around 50 km from the mountaintops to the dense jungle in one go.
- Appreciate the contrast between the misty Andean mountains and the vegetation of the Peruvian jungle, two of the most impressive natural landscapes in the country.
- Conquer the rapids of the Vilcanota River in a fantastic rafting adventure.
- Enjoy the thrilling experience of ziplining in the jungle, surrounded by lush vegetation.
- Satisfy your curiosity about the extensive history of the Incas with a guided visit to Machu Picchu, the iconic Wonder of the World.

1

DAY

FEATURED DESTINATION OF THE DAY

# BIKING

*Adventure*





## Day 1 | Cusco | Malaga Pass - Huamanmarca - Santa Maria (Biking, Rafting)

**Highlight of the Day:** The perfect combination of fresh air, speed, freedom, and the best mountain bike on a downhill ride from the mountaintops to the jungle's edge.



*Speed, wind, nature, and cycling*

This exciting adventure will begin very early at 5:30 a.m. We will pick you up from your accommodation to head on our first trip from Cusco to the Sacred Valley of the Incas, where we will have breakfast.

Next, we will ascend to Abra Malaga (4,350 m / 14,271 ft), the journey's highest point. After a brief briefing on cycling and receiving safety equipment, we will start the three-hour descent by bike (50 km / 34 miles).

As you progress, the speed will increase, and you will feel the wind blowing stronger. You will notice that jungle trees will replace the high mountain. You will also be accompanied by streams, cliffs, hot weather, and diverse flora and fauna. Undoubtedly, it is an excellent time to take a deep breath and appreciate the environment. Upon reaching Huamanmarca, you will board the private transportation that will take you to Santa Maria for lunch and settle into a lodge.



### Meals

Breakfast, Lunch, and Dinner.



**Accommodation**  
Lodge



**Difficulty**  
Moderate



**Biking distance**  
55 km / 34.2 mi  
**Time**  
3 hours approx.



**Rafting distance**  
9 km / 5.6 mi  
**time**  
1 hour approx.



**Minimum Elevation**  
1,200 m / 3,937 ft



**Accommodation Altitude**  
1,200 m / 3,937 ft



**Highest Elevation**  
4,350 m / 14,272 ft



2

DAY

FEATURED DESTINATION OF THE DAY

# COCALMAYO

*Thermal Baths*





# 2 DAY Santa Maria - Santa Teresa (Zip Line) - Cocalmayo Hot Springs - Lucmabamba Camp (Jungle Domes)

Highlight of the Day: Zip-line and relax outdoors in the hot springs of Cocalmayo.



## *Experience the warmth of the jungle*

You'll start out with breakfast until you're satisfied and energized. After that, you'll hike for 45 minutes to warm up before an ascent through the mountains of the Andean jungle. We'll stop several times so you can appreciate the plant and animal life nearby. As a particular activity, you'll visit a local family's house to learn about the traditions and lifestyle of the inhabitants of the mountains around Cusco.

After saying goodbye, you can walk along a portion of the original Inca Trail that led from the sacred city of Machu Picchu to the last refuge of the Incas, Vilcabamba. You'll be fascinated by the long and impressive history, exciting culture, and engineering prowess of the Incas. Don't forget to take pictures of the grand Huancarccasa Canyon and the Salkantay glacier from afar!

The trail will go down to Huacayupana, where you'll have lunch in a local home. Stretch out, and then rest while we take

you to Santa Teresa. Here, you'll be given a challenge: jump out into the abyss on a zipline between fertile valleys and the lush, green forest. Stretch your arms and fly like a bird, scraping the Andean sky. This activity is included in the trip.

All that adrenaline will have to end with a relaxing swim in the hot springs of Cocalmayo. We'll take you there by private car. You'll be able to feel how your body loosens up in these medicinal waters as you enjoy the scenery of the surrounding valley. Finally, you'll be picked up in our car and taken to our campsite in Lucmabamba.

The Jungle Domes is your resting place. Here, you'll be able to recuperate from the busy day with dinner and a good night's sleep among the delightful sounds of nature.



### Meals

Breakfast, Lunch, and Dinner



### Accommodation

Jungle Domes



### Difficulty

Moderate



### Walking Distance

7 km / 4.35 miles



### Walking Time

4 hours



### Minimum Elevation

1,200 m / 3,937 ft



### Altitude of the camp

2,000 m / 6,562 ft



### Highest Elevation

2,000 m / 6,562 ft



3

DAY

FEATURED DESTINATION OF THE DAY

# LLACTAPATA

*Archaeological Site*





3

DAY

## Lucmabamba | Llactapata - Hidroelectrica - Aguas Calientes

Highlight of the Day: The archeological site of Llactapata and the first view of Machu Picchu.

IMPERIAL INCA JUNGLE  
TREK TO MACHU PICCHU4 DAYS  
3 NIGHTS

*Cross a coffee-flavored trail and listen to the history of the Incas*

You'll wake up to an energizing cup of coca tea in your Jungle Dome early in the morning. Today, you'll enjoy the last breakfast our chef prepared and take your last hike. One more time, you'll follow in the footsteps of the ancient Peruvians on the original Inca Trail, one of the most famous hikes in the world.

Fruit trees, butterflies, and birds will welcome you to the warmest stretch of the trip. You'll visit an organic farm to learn all about the local coffee, an excellent opportunity to roast and grind the beans, a craft process that will end right in your cup. While you enjoy the aroma of the coffee, we will explain more about its importance, its production, and the local farmers' passion for this plant.

Next is an uphill trail with views over the Santa Teresa Valley for three hours. With the high sun overhead, you'll visit the Inca site of Llactapata and catch your first glimpse of Machu Picchu. If you are an avid observer, you can identify Machu Picchu Mountain and Huayna Picchu before the guide. Besides their ancient grounds, you'll also learn about the Incas' fascinating and mysterious history here.

Later, you'll go downhill for an hour and a half,

accompanied by the ever-present friend, Machu Picchu. You'll have lunch in Aobamba. After taking a moment to recharge, the trail will head to Hidroelectrica. If you still have energy, you'll continue walking along the train tracks to Aguas Calientes. If your feet need a rest, you can take a train instead for an extra.

The best part of going on foot is that you'll experience more natural wonders. You can see the tall, rocky peaks surrounding the citadel, small animals of the area, trees, and more plant species. If you keep a sharp eye, you may see Peru's national bird, the cock of the rock. It may be near one of the Inca bridges your guide points out along the way.

Once in Aguas Calientes, you'll have time to shower or explore the town before dinner at a local restaurant. We'll coordinate the last details of the big day tomorrow before you head off to bed to rest at your hotel. We recommend you get to sleep early!

**Note:** During the rainy season and for safety reasons, the hike to Llactapata isn't guaranteed. When there are heavy rains, this trail can become dangerous.



Meals

Breakfast, Lunch, and Dinner.



Accommodation  
Hotel



Difficulty  
Challenging



Walking Distance  
25 km / 15.53 miles



Walking Time  
8 - 9 hours



Minimum Elevation  
1,800 m / 5,906 ft



Accommodation  
Altitude  
2,040 m / 6,693 ft



Highest Elevation  
2,800 m / 9,186 ft



4

DAY

FEATURED DESTINATION OF THE DAY

# MACHU PICCHU

*Archaeological Site*





4

DAY

## Aguas Calientes | Machu Picchu - Ollantaytambo - Cusco

Highlight of the Day: Feel alive, reviving all your senses at Machu Picchu.

# IMPERIAL INCA JUNGLE

TREK TO MACHU PICCHU

4 DAYS  
3 NIGHTS



*Dive headfirst into the grand Inca citadel*

Today, the last day of the trip, will be absolutely unforgettable. You'll go into Machu Picchu, one of the Wonders of the Modern World and declared a World Heritage Site by UNESCO. To avoid long lines, we'll leave pretty early by bus to see the new light of the morning spilling over the Inca structures of the ancient city.

The site opens at 6:00 AM, and with a bit of effort, we could be one of the first groups to enter. With your guide, you'll get to the entrance of the Inca citadel and enjoy a tour for about 2 hours. You'll see the main temples, terraces, houses, and other highlights, such as the Sacred Rock. You'll also make a few stops at viewpoints to take in this architectural wonder which, without a doubt, will leave you perplexed from every perspective.

After the tour, you can hike Huayna Picchu or Machu Picchu Mountain. These destinations have incredible panoramic views from the summits and should be reserved beforehand. The

hikes take 1.5 and 3 hours, respectively.

After that, you'll return to Aguas Calientes and enjoy lunch at a restaurant before taking a train to Ollantaytambo. The trip will be in the Vistadome train, the car that affords the best panoramas of the sunset in the Sacred Valley of the Incas. Next, you'll take private transportation back to your hotel in Cusco.

Take all the time you need to rest your legs and your heart. You just conquered one more adventure, and it won't be long before you take off on another!



**Meals**

Breakfast and Lunch



**Difficulty**

Easy



**Activity Duration**

2-5 hours exploring



**Optional Activities**

Moderate to Challenging

(2-4 hours)



**Machu Picchu Citadel**

**Elevation**

2,430 m / 7,972 ft



**Machu Picchu Mountain**

**Elevation**

3,000 m / 9,843 ft



**Huayna Picchu**

**Mountain Elevation**

2,720 m / 8,924 ft



**Minimum Elevation**

2,040 m / 6,693 ft





# INCLUSIONS

## Included / Not Included

At **Salkantay Trekking**, we specify the included and non-included services under all the tour itineraries listed on our website. We take care of all the logistics, but please pay attention to the details so you don't miss anything. Some items may be different for specific programs, so please read carefully before booking with us.



# WHAT IS INCLUDED?

## High Quality Service & Safety

### ✓ Pre-departure Briefing

The evening before the tour, you'll meet your guide and group for an orientation on the trip. The meeting is at 5:00 pm in our office or your hotel.

### ✓ Experienced Tour Guide

Our official tour guides speak fluent English and Spanish, are professionally trained and certified. We choose them for their experience, responsibility, unbridled passion for exploring, and pride in sharing our culture and history. In every experience, they will keep you safe and comfortable so you can enjoy your time worry-free!

### ✓ Inca Jungle activities: Biking, Rafting, and Zip Lining

### ✓ One Duffle Bag

For the trek, you'll receive a duffle bag to pack your personal belongings up to a maximum weight of 7 kg / 15.4 lb (this weight includes your sleeping bag).

### ✓ Sleeping Bag

### ✓ Trekking Poles with rubber tips

### ✓ Medical Kit or First AID Kit

All Salkantay Trekking guides have received specialized training in first aid. We hold mandatory training sessions for them every February. Your guide will always have a first aid kit and oxygen to face basic emergencies (altitude sickness, travelers' diarrhea, cuts, scrapes, etc.). If necessary, we'll evacuate you from the path as quickly as possible and ensure that you arrive at a clinic for treatment.

### ✓ Bicycles, Security Transport During the Biking, and Safety Gear

Biking: Bikes with front suspension, body armor, helmets, and gloves. Rafting: Helmets, windbreakers and category V lifejackets.

### ✓ 24/7 Customer Service

We have telephone service available 24 hours/day for ease of communication and preparation with the agency leading up to your tour.

## Accommodation

### ✓ Lodge in Santa Maria (1 Night)

### ✓ Private Campsite (1 Night)

You'll spend the second night in our private Jungle Domes Campsite.



Jungle Domes

### ✓ Hotel in Aguas Calientes (1 Night)

You will spend the last night of this trek in a comfortable hotel at Aguas Calientes, including luggage storage, while you visit Machu Picchu.

- *\*Accommodation is in double and triple rooms.*

## Meals

### ✓ 4 Breakfasts, 4 Lunches, and 3 Dinners

### ✓ Water on the trail

We'll provide you with boiled, filtered, and cooled water during your trip, from your first lunch to your last breakfast. For this, you need to bring a camel bag or an empty bottle (we recommend a capacity of 2 liters).

### ✓ Daily snacks on the trail

Every morning we'll give you snacks so you can enjoy them during the trip. The snacks include local fruits, biscuits, chocolates, caramels, etc.

### ✓ One cloth snack bag per person

To avoid the use of plastic bags that contaminate our environment, we'll give you a cloth bag for your snacks.

## Transportation

### ✓ Private Transport

**Day 1:** You will be picked up from your hotel in the morning and will travel by private transportation to Malaga Pass, the starting point of the biking.

**Day 2:** Private transport from Huacayupana to Santa Teresa.

**Day 4:** Private transport from Ollantaytambo train station to your hotel in Cusco.



- ✓ Vistadome Train Ticket from Aguas Calientes to Ollantaytambo (Day 4)
- ✓ Round-trip Bus Transport Aguas Calientes - Machu Picchu (Day 4)
- ✓ Personal Belongings Transportation

### Permits & Entrance Tickets

- ✓ Rafting in Santa Maria (Day 1)
- ✓ Zipline/Canopy in Santa Teresa (Day 2)
- ✓ Entry Ticket to Cocalmayo Hot Springs (Day 2)
- ✓ Entry Ticket to Machu Picchu Archaeological Site





# WHAT IS NOT INCLUDED?

## ✓ Huayna Picchu Mountain

You can climb the famous mountain always seen in the photos behind the site of Machu Picchu. It's 45 minutes uphill, and coming down can be scary if you fear heights. You can take this excursion after concluding your guided tour in Machu Picchu. Due to high demand, permission must be issued at least one month in advance. Consider that there could be changes to protect your integrity, mainly due to weather conditions.

- *The Huayna Picchu Mountain ticket has an extra cost of US\$ 60.00 per person.*

## ✓ Machu Picchu Mountain

Machu Picchu Mountain is another of the mountains that surround the archaeological site of Machu Picchu. It offers less steep, wider, and visually less frightening trails than Huayna Picchu, and it takes 1.5 hours to reach the top. This walk requires an entrance ticket which we can secure for you if requested in advance.

- *The Machu Picchu Mountain ticket has an extra cost of US\$ 60.00 per person.*

## ✓ Train from Hidroelectrica to Aguas Calientes (Day 3)

In case you feel exhausted or in bad condition after the trek from Lucmabamba to Hidroelectrica, you can opt to take the train from Hidroelectrica to Aguas Calientes.

- US\$ 35.00 per person.

## ✓ Personal Hiking Gear

## ✓ Travel Insurance

## ✓ Tips for our staff

Tipping is the standard in any excursion in Peru. Although we pay good salaries to our team, something extra is always welcome, specially considering the hard work they do.

## ✓ Additional costs or delays beyond our control

Landslides, bad weather conditions, itinerary modifications due to a safety concern, illness, pandemics, government policy changes, political instability, strikes, an act of God, etc.







# BEFORE YOU GO

## Is it for me?

We want to make your trip to Peru as memorable and as carefree as possible. In this section, you'll find the answers to all the questions you have about traveling with Salkantay Trekking in one place. Please read the following information carefully – it will help you with any questions about our services.



# BEFORE YOU GO

## How many days do I need to acclimate in Cusco before the Trek?

It's very important to be well acclimated to the altitude before exerting yourself on a trek. We recommend that you arrive in Cusco at least 2 or 3 days before the trek starts to help you adjust and avoid possible problems with altitude sickness while on the trek.

You might have already been in another area of Peru at a high altitude before arriving in Cusco. In that case, we still recommend you have a whole day in Cusco to rest, recover from your travel, and enjoy the sights and sounds of Cusco before departing for the trek.

Here some suggestions for activities to do in the Cusco vicinity before starting your adventure trek:



City Tour



Sacred Valley



Moray & Maras Salt Mines

## Briefing or Informative Meeting

All information meetings and briefings are held in our main office in Cusco (or your hotel) at 5:00 pm, one night before the tour begins. These meetings last approximately 30 to 45 minutes. If you're unable to attend, you must coordinate another time by email, by phone or at the Salkantay Trekking office.

## Trek Balance Payment (in Cusco)

If you still have a pending balance, you must pay it 2 days before your hike/tour. Otherwise, your trip reservation will not be confirmed.

It would be much appreciated if you pay the trek/tour balance in cash US dollars or local currency at our office in Cusco. You can withdraw some money from several ATMs along Avenida Sol (either in US dollars or local Peruvian Soles). You can pay by credit card or PAYPAL online, but you will have to pay a 5% service charge, charged by VISA and PAYPAL. We do not accept bank checks or payment of the balance by traveler's checks.

## Duffel Bag or Canvas Case

You'll receive a canvas case or duffel bag during your briefing. Our horses will carry them, and the horsemen will hand them to you when you get to each camp. They measure 60 x 24 x 22 cm (23.6 x 9.45 x 8.66 in).

A maximum of 7 kg / 15.4 lb is allowed for each duffel bag, including the weight of your sleeping bag, sleeping mat, clothes, and other personal items.

## Can I store my luggage at your office?

Of course! During the trip, your main luggage can be stored at our office (you can organize it with us on the briefing day or by email) or at your hotel, both free of charge.

Any equipment that you won't need on the trek can be stored safely in your hotel. Nearly every hotel will provide this service. Don't leave items of value with your bags; put them in the hotel safe and obtain an itemized receipt (in the unlikely case of theft, many insurance companies require that you have a copy of the receipt itemizing everything). It's best to put items such as credit cards inside a sealed, signed envelope for extra peace of mind.

## Pick up of guests

Salkantay Trekking can pick you up from your hotel, as long as it's in the Historical Center of Cusco. Your guide will coordinate the pickup time in the briefing session, but please keep in mind that the time may vary between 30 and 45 minutes due to traffic.

Cusco is an old city, meaning it has many narrow cobbled streets. Some hotels and Airbnbs may be located on streets without access to cars or on long, steep slopes, making it difficult to transport luggage. We strongly recommend that you book accommodation with good access.

## Return to Cusco

Returning from Machu Picchu requires quite a bit of logistics, but don't worry. Everything is included in your tour!

In Machu Picchu, you'll board a bus that'll take you for 25 minutes to the small city of Aguas Calientes. The buses are boarded according to arrival.

In Aguas Calientes, you'll board a train to Ollantaytambo. Your guide will give you the train tickets where the boarding time will be shown. Make sure you're on the platform 30 minutes early. The train from Aguas Calientes to Ollantaytambo takes 1:45 hours.



Once you arrive at the station, our representative, identified with the Salkantay Trekking clothing, will be waiting to transfer you to Cusco or directly to your hotel. The trip from Ollantaytambo to Cusco takes 1:30 hours.

In Cusco, depending on your hotel's location, we'll take you to a smaller car from our company (Hyundai H1) to transfer you faster to your hotel.

**Note:** Your tour includes a One-Way Consettur Bus Ticket Aguas Calientes - Machu Picchu, so you can choose to use it from Aguas Calientes to Machu Picchu or from Machu Picchu to Aguas Calientes. If you want a round-trip bus ticket, you'll need to pay an extra of US\$ 12.00.

### Group tours

Group tours are made up of different types of people, then physical conditions and ages can vary. By agreeing to be part of a group tour, you also accept that some people may be faster or slower than you. Therefore, each person can go at their own pace on the route.

It may be the case that a group wishes to modify the tour; however, the guide will be the one who decides, after consulting with all the participants, if such modifications are possible.

### Strikes and demonstrations

Strikes and demonstrations are usually common in Peru, and this may interrupt some of our tours. Roads can be blocked, and train tracks can be taken over. However, we will try to keep your trip as originally planned, even if it means leaving the night before the scheduled date. Under these circumstances, tours may also be canceled. In case of changes or cancellations, everything will be coordinated with you by our operations department. Your safety is our highest priority, and our decisions will be made to protect it.

### Lost Objects

Please pay attention to where you leave your things and remember to take everything once you leave our transport, tents, or restaurants. You're the only one responsible for your objects during the tour.

***Do you have another question that we haven't answered here? Get in touch, and we'll get back to you ASAP!***







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