



TREK

THE IMPERIAL INCA JUNGLE TREK

4 days / 3 nights



DESCRIPTION

The Imperial Jungle Adventure to Machu Picchu

The Imperial Inca Jungle Trek to Machu Picchu is the perfect trip for the adventure-lovers and thrill-seekers. This trail is like no other and includes lots of exciting activities to get your heart pumping. Not only will you hike, but you will bike, enjoy rafting and even have the chance to ziplining, all through the most amazing landscapes for a real adventure.

Through the beautiful Andes and gorgeous green jungle, you'll pass through farmer's fields, see the Maras Salt Mines, observe unique flora and fauna, and visit Inca archaeological sites until you get to the small town of Aguas Calientes, which sits at the base of Machu Picchu. On the final day, you'll enter the UNESCO World Heritage Site and explore this astounding Inca citadel. Let yourself be swept away into the historical magical land and unravel the mystical secrets of the Incas. Can you defeat the challenge?

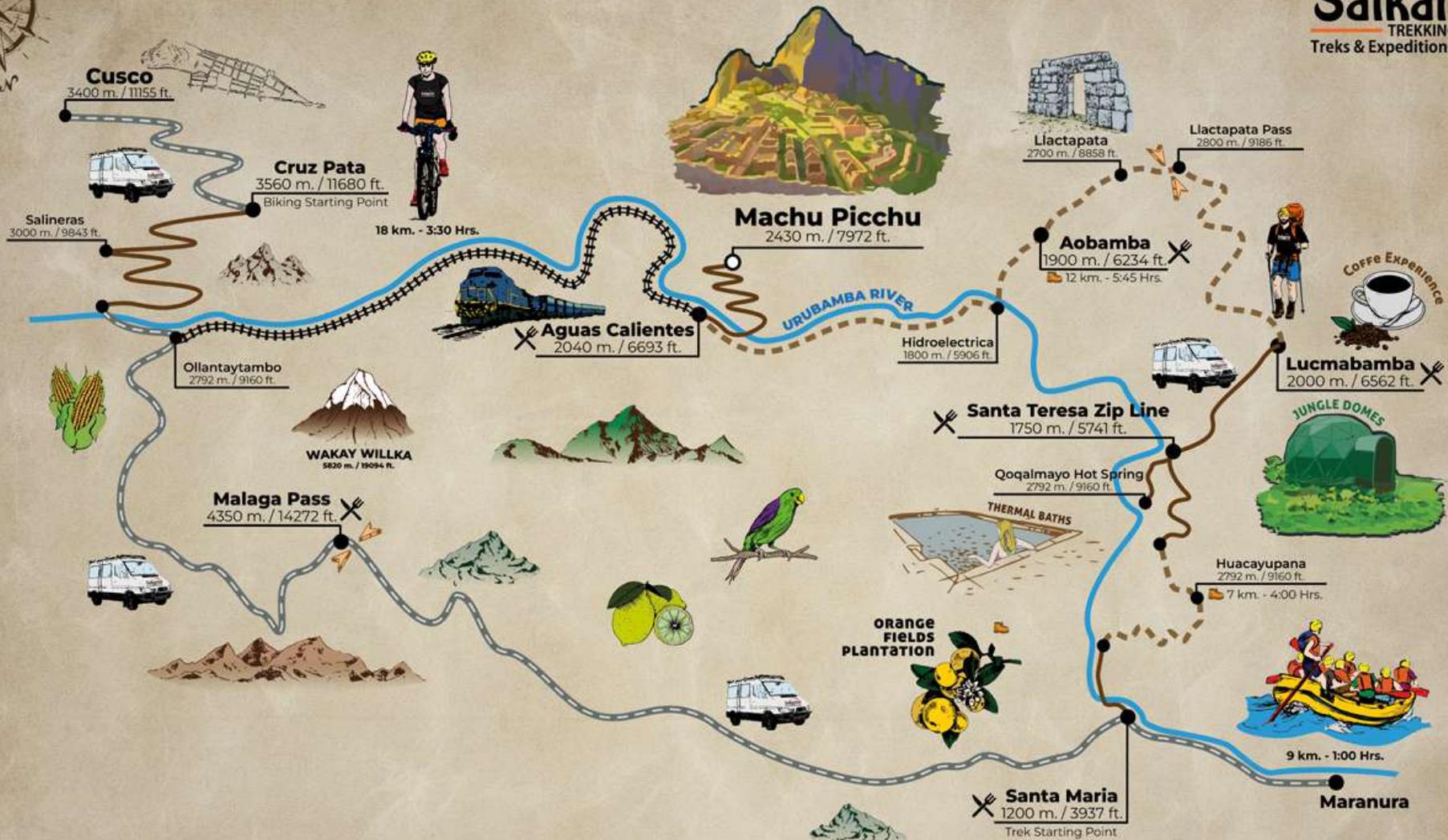
CONTENT

 Map

 Itinerary

 Inclusions

 Packing List



- DISTANCE / HOURS
- LUNCH & REST AREA
- RIVER
- FOOTPATH
- MAJOR ROAD
- MINOR ROAD
- RAILD ROAD

DAY 01: Cusco - Cruzpata (Biking) - Maras Salt Mines - Santa Maria (Rafting)

DAY 02: Santa Maria - Santa Teresa (Zip-line) - Cocalmayo Hot Springs - Lucmabamba (Jungle Domes)

DAY 03: Lucmabamba - Lactapata - Hydroelectrica - Aguas Calientes

DAY 04: Aguas Calientes - Machu Picchu - Ollantaytambo - Cusco

FULL ITINERARY

HIGHLIGHTS

- » Enjoy an array of exciting activities, including hiking, biking, rafting, and ziplining.
- » Witness the beauty of the rural Andes as you bike through the corn, quinoa, and potato fields.
- » Look out over the impressive Maras Salt Mines in the Sacred Valley of the Incas.
- » Face the raging rapids of the Vilcanota River.
- » Fly through the jungle as you zipline among the canopy and beautiful wildlife.
- » Learn about the interesting history of the Incas and observe their impressive structures.
- » Explore the magical, mystical Machu Picchu.

DAY 01

Cusco | Cruzpata (Biking) – Maras Salt Mines – Santa Maria (Rafting)



1

Feel the Wind Rush Through Your Hair

Today your adventure starts with us collecting you early and taking you to Cruzpata to begin mountain biking down to the Sacred Valley of the Incas. Enjoy some incredible views and stop off at the Mara Salt Mines for a fascinating visit. Keep going until you reach the Sacred Valley, and then board our private transport to the warm town of Santa Maria for lunch.

In the afternoon, head to the Vilcanota River for some exciting river rafting on category III and III+ rapids with all the protective safety equipment required. In the evening, you'll enjoy dinner and some well-deserved rest back in Santa Maria and recover your energies for tomorrow.



2



3

DAY FACTS

- » MEALS:
Lunch, and Dinner
- » ACCOMMODATION:
Lodge
- » DIFFICULTY:
Moderate
- » BIKING DISTANCE:
18 km / 11.18 mi
- » BIKING TIME:
3 to 4 hours
- » RAFTING DISTANCE:
9 km / 5.59 mi
- » RAFTING TIME:
1 hour approx.
- » RAFTING LEVEL:
III & III+
- » STARTING ELEVATION:
3,560 m / 11,680 ft
- » MINIMUM ELEVATION:
1,200 m / 3,937 ft
- » HIGHEST ELEVATION:
3,560 m / 11,680 ft
- » ACCOMMODATION ELEVATION:
1,200 m / 3,937 ft

1. Rafting on the Urubamba River
2. Biking in Maras
3. Salt Mines of Maras

START

MAP

ITINERARY

INCLUSIONS

PACKING LIST

DAY 02

Santa Maria | Santa Teresa (Zip-line) -
Cocalmayo Hot Springs -
Lucmabamba (Jungle Domes)

Things Warm-Up as You Enter the Jungle

Wander through the gorgeous, thick jungle this morning and learn about local wildlife. We'll then visit a local home to learn all about customs and traditions in this part of the world. After, we'll cross a part of the original Inca Trail and get to understand more about the fascinating history of the ancient culture. You also get the chance to take in incredible views before we make our way to our lunch spot.

In the afternoon, feel the wind rush past your ears as you zipline through the thick jungle in Santa Teresa (optional) before we head to relax and unwind in the Cocalmayo hot springs, which sit in the most beautiful setting imaginable. Finally, we'll take you to enjoy dinner and rest at our campsite at Lucmabamba surrounded by the sounds of nature.



1



2



3

DAY FACTS

- » MEALS:
Breakfast, Lunch, and Dinner
- » ACCOMMODATION:
Jungle Domes
- » DIFFICULTY:
Moderate
- » WALKING DISTANCE:
7 km / 4.35 miles
- » WALKING TIME:
4 hours
- » MINIMUM ELEVATION:
1,400 m / 4,593 ft
- » HIGHEST ELEVATION:
2,000 m / 6,562 ft
- » CAMPSITE ELEVATION:
2,000 m / 6,562 ft

1. Zipline in Santa Teresa
2. Walking path through the forest
3. Cocalmayo hot springs

START

MAP

ITINERARY

INCLUSIONS

PACKING LIST

DAY 03

Lucmabamba | Llactapata - Hidroelectrica - Aguas Calientes

The Trail to Aguas Calientes

Get up early today so we can head out to explore the jungle and tour a local coffee farm. There, you'll learn all about the process and taste some fresh coffee made by the farmers. Then, we'll make our way to the fascinating archaeological site of Llactapata, where you'll learn all about the site from your guide and get your first view of Machu Picchu. You'll have lots of time to walk around and capture some great photos. After, we'll go to Aobamba for lunch.

In the afternoon, we'll go to Hidroelectrica before we hike to Aguas Calientes. If you're very tired by this point, you can opt to take a train at an extra cost (US\$ 37.00). The walk takes around 3 hours beside the railway and the Urubamba River through the jungle. Along the way, you'll stop at the Intihuatana and learn about its importance to the Incas. Once in Aguas Calientes, you can put your feet up in your hotel or explore the small town before enjoying a tasty dinner in a local restaurant. Make sure you go to bed early to be up before the sun.



1



2



3

DAY FACTS

- » MEALS:
Breakfast, Lunch, and Dinner
- » ACCOMMODATION:
Hotel
- » DIFFICULTY:
Challenging
- » WALKING DISTANCE:
25 km / 15.53 mi
- » WALKING TIME:
8 - 9 hours
- » MINIMUM ELEVATION:
1,800 m / 5,906 ft
- » HIGHEST ELEVATION:
2,800 m / 9,186 ft
- » ACCOMMODATION ELEVATION:
2,040 m / 6,693 ft

1. First view of the Imposing Machu Picchu from the Llactapata viewpoint
2. Bridge over the Amazon forest in Aobamba.
3. We will follow the train tracks to Aguas Calientes.

DAY 04

Aguas Calientes - Machu Picchu -
Ollantaytambo - Cusco



1

Explore the Incredible Inca Town: Machu Picchu

Today you'll have to get up early to reach the magical Inca citadel of Machu Picchu by bus. We always like to be among the first to enter the site; this way, we can contemplate the beautiful sunrise on the huge rocks. Your guide will give you a tour of the most important areas.

Afterward, you'll return to Aguas Calientes, where you'll have lunch before boarding the train to Ollantaytambo. There, our private transportation will be waiting to take you back to your accommodation in Cusco. Finally, you can rest and relax while you reflect on your adventure.



2



3

DAY FACTS

- » MEALS:
Breakfast
- » DIFFICULTY:
Easy
- » ACTIVITY DURATION:
2-5 hours exploring
- » MACHU PICCHU CITADEL
ELEVATION:
2,430 m / 7,972 ft
- » OPTIONAL ACTIVITIES:
**Moderate to Challenging
(2-4 hours)**
- » MACHU PICCHU MOUNTAIN
ELEVATION:
3,000 m / 9,843 ft
- » HUAYNA PICCHU MOUNTAIN
ELEVATION:
2,720 m / 8,924 ft
- » MINIMUM ALTITUDE:
2,040 m / 6,693 ft
- » MAXIMUM ALTITUDE:
2,430 m / 7,972 ft

1. Machu Picchu, Inca wonder
2. Impressive Inca architecture at
Machu Picchu complex
3. Temple of the condor

INCLUSIONS



WHAT IS INCLUDED?

» Permits & Entrance Tickets

- Rafting Ticket in Santa Maria (Day 1)
- Zipline/Canopy in Santa Teresa (Day 2)
- Entrance Ticket for Cocalmayo Hot Springs (Day 2)
- Entry to Machu Picchu Archaeological Site (Circuit 2)

» High Quality Service & Safety

- Pre-departure Briefing

You'll meet your trekking guide and group in our office for an orientation before your trek. There, we'll provide you with the duffle bags, which our team will carry. The meeting will be at 5:00 pm the evening before the trip begins.

- Experienced Tour Guide

English and spanish speaking official tour guide. All our guides are graduates of the professional career of Tourism of the National University San Antonio Abad of Cusco. We choose them for their professionalism, experience, responsibility, seriousness, unbridled passion for exploring, and sincere desire to proudly share in our culture and history. He or she will keep you safe, sound, and comfortable on your trek so that you can enjoy your time worry-free!

- Professional Bicycles
- Bike with front suspension, gloves, and helmet.

- One Duffle Bag

On the trek, you can carry your personal belongings up to a maximum weight of 7 kg / 15.4 lb (this weight includes your sleeping bag).

- Sleeping Bag
- Security Transport during the Biking Activity
- Medical Kit or First AID Kit

All Salkantay Trekking guides have received specialized training in first aid. We hold mandatory training sessions with our guides every February. Your guide will always carry a first aid kit to face basic emergencies (altitude sickness, travelers' diarrhea, cuts, scrapes, etc.) as well as oxygen. If necessary, we'll evacuate you from the path as quickly as possible and ensure that you arrive at a clinic for treatment.

- 24/7 Customer Service

We have telephone service available 24 hours/day for ease of communication with Salkantay Trekking leading up to your trek.

» Accommodation

- Lodge in Santa Maria

The first night of this trek is spent in a lodge in Santa Maria with a double or triple room.

- Accommodation in Private Campsites

Like our ancestors, we're very considerate of the Pachamama (Mother Earth). For this reason, our campsites and lodges are adapted to the environment to avoid generating negative impacts. We'll spend the second night in our private Jungle Domes Campsite.



Jungle Domes

- 3-star hotel in Aguas Calientes

The last night of this trek is spent in a hotel in Aguas Calientes with a double or triple room, private bathroom, hot shower, wifi, breakfast, and luggage storage while you visit Machu Picchu.

» Meals

- 3 Breakfasts, 3 Lunches, and 3 Dinners

- Our chef prepares the best dishes in the middle of the mountain. Our passengers love our food! We respect all diets (vegetarian, vegan, or special menus are available at no extra cost), so let us know if you have any particular allergies or restrictions on your reservation form and remind your guide during the briefing. You'll enjoy breakfast, lunch, and dinner, in addition to hot drinks and snacks.

- Water on the trail

We'll provide you boiled, filtered, and cooled water during your trip, from your first lunch to your last breakfast. For this, you need to bring a camel bag or an empty bottle (we recommend a capacity of 2 liters).

- Tea Time or Happy Hour

Every afternoon before dinner, the cooks will provide you popcorn, biscuits/cookies, coffee, hot chocolate, teas, hot water, etc. After a long day of hiking, you won't have to wait until dinner to relax, warm-up, and enjoy a bite to eat!

- Snacks on the trail daily

Before starting the trip, your tour guide will provide you a cloth bag with local fruits, cookies, chocolate, caramels, etc. Every morning, we'll refill it so that you can enjoy your snacks during the walk.

- One cloth snack bag per person

To avoid the usage of plastic bags that contaminate our environment, we'll give you a cloth bag for your snacks.

» Transportation

- Transport

- Day 1: You will be picked up from your hotel in the morning and will travel by private transportation to Cruzpata, the starting point of the biking.
- Day 1: Transport to Santa Maria.
- Day 2: Transport to Santa Teresa and Lucmabamba.
- Day 4: Transport from Ollantaytambo train station to your hotel in Cusco.
- Vistadome Train Ticket from Aguas Calientes to Ollantaytambo (Day 4)
- Round-trip Bus Transport Aguas Calientes - Machu Picchu (Day 4)
- Personal Belongings Transportation



WHAT IS NOT INCLUDED?

» Walking Sticks

Walking Sticks (with rubber tips) can be very useful on rough terrain and for ascending and descending. You can rent a set from our company if you'd like.

- **US\$ 20.00 per person**

» Huayna Picchu Mountain

You can climb the famous mountain you always see in the photos behind the archaeological site of Machu Picchu. It's 45 minutes uphill, and coming back down can be scary if you fear heights. You can take this excursion once your guided tour to Machu Picchu ends. The permit must be issued at least one month in advance due to high demand. Consider that there could be changes to protect your integrity, mainly due to weather conditions.

- **The ticket for Huayna Picchu Mountain has an extra cost of US\$ 60.00 per person.**

» Machu Picchu Mountain

Machu Picchu Mountain is another of the mountains that surround the archaeological site of Machu Picchu. It offers less steep, wider, and visually less frightening trails than Huayna Picchu, and it takes 1.5 hours to reach the top. This walk requires an entrance ticket which we can secure for you if we have time in advance.

- **The ticket for Machu Picchu Mountain has an extra cost of US\$ 60.00 per person.**

» Lunch in Aguas Calientes and Dinner in Cusco (Day 4)

» Breakfast (Day 1)

» Train from Hidroelectrica to Aguas Calientes (Day 3)

In case you feel exhausted or in bad condition after the trek from Chaullay to La Playa, you can take the train from Hidroelectrica to Aguas Calientes.

- **US\$ 37.00 per person**

» Personal Hiking Clothing and Gear



» Travel Insurance

» Tips for our staff

Tipping is the norm on any excursion to Machu Picchu. Although we pay good salaries to our entire team, something extra is always welcome, especially considering the hard work they do.

» Additional costs or delays beyond our control

Landslides, bad weather conditions, itinerary modifications due to a safety concern, illness, pandemic, government policy changes, political instability, strikes, act of God, etc.

BEFORE YOU GO

We want to make your trip to Peru as memorable and as carefree as possible. In this section, you'll find the answers to all the questions you have about traveling with Salkantay Trekking in one place. Please read the following information carefully – it will help you with any questions about our services.

Have another question that we haven't answered here? Drop us a line and we will get back to you asap!

» How many days do I need to acclimate in Cusco before the Trek?

It's very important to be well acclimated to the altitude before exerting yourself on a trek. We recommend that you arrive in Cusco at least 2 or 3 days before the trek starts to help you adjust and avoid possible problems with altitude sickness while on the trek.

You might have already been in another area of Peru at a high altitude before arriving in Cusco. In that case, we still recommend you have a whole day in Cusco to rest, recover from your travel, and enjoy the sights and sounds of Cusco before departing for the trek.

Here some suggestions for activities to do in the Cusco vicinity before starting your adventure trek:



City Tour



Sacred Valley



Maras Moray

» Briefing or Informative Meeting

All information meetings and briefings are held in our main office in Cusco (or your hotel) at 5:00 pm, one night before the tour begins. These meetings last approximately 30 to 45 minutes. If you're unable to attend, you must coordinate another time by email, by phone or at the Salkantay Trekking office.

» Trek Balance Payment (in Cusco)

If you still have a pending balance, you must pay it 2 days before your hike/tour. Otherwise, your trip reservation will not be confirmed.

If possible, it would be greatly appreciated if you could settle the remaining balance for the trek/tour in cash, either in US dollars or the local currency, at our office in Cusco. You can withdraw funds from various ATMs located along Avenida Sol, offering both US dollars and Peruvian Soles. Alternatively, you have the option to pay using a credit/debit card or PAYPAL, either online or in person, but please note that a 5% service charge will be applied by our payment gateway (Niubiz) and PAYPAL. We regret to inform you that we are unable to accept bank checks or traveler's checks as forms of payment for the balance.

» Duffel Bag or Canvas Case

You'll receive a canvas case or duffel bag during your briefing. Our staff will carry and hand them to you when you get to each camp. They measure 60 x 24 x 22 cm (23.6 x 9.45 x 8.66 in).

A maximum of 7 kg / 15.4 lb is allowed for each duffel bag, including the weight of your sleeping bag, sleeping mat, clothes, and other personal items.

» Can I store my luggage at your office?

Of course! During the trip, your main luggage can be stored at our office (you can organize it with us on the briefing day or by email) or at your hotel, both free of charge.

Any equipment that you won't need on the trek can be stored safely in your hotel. Nearly every hotel will provide this service. Don't leave items of value with your bags; put them in the hotel safe and obtain an itemized receipt (in the unlikely case of theft, many insurance companies require that you have a copy of the receipt itemizing everything). It's best to put items such as credit cards inside a sealed, signed envelope for extra peace of mind.

» Pick up of guests

Salkantay Trekking can pick you up from your hotel, as long as it's in the Historical Center of Cusco. Your guide will coordinate the pickup time in the briefing session, but please keep in mind that the time may vary between 30 and 45 minutes due to traffic.

Cusco is an old city, meaning it has many narrow cobbled streets. Some hotels and Airbnbs may be located on streets without access to cars or on long, steep slopes, making it difficult to transport luggage. We strongly recommend that you book accommodation with good access.

» Return to Cusco

Returning from Machu Picchu requires quite a bit of logistics, but don't worry. Everything is included in your tour!

- In Machu Picchu, you'll board a bus that'll take you for 25 minutes to the small city of Aguas Calientes. The buses are boarded according to arrival.
- In Aguas Calientes, you'll board a train to Ollantaytambo. Your guide will give you the train tickets where the boarding time will be shown. Make sure you're on the platform 30 minutes early. The train from Aguas Calientes to Ollantaytambo takes 1:45 hours.
- Once you arrive at the station, our representative, identified with the Salkantay Trekking clothing, will be waiting to transfer you to Cusco or directly to your hotel. The trip from Ollantaytambo to Cusco takes 1:30 hours.
- In Cusco, depending on your hotel's location, we'll take you to a smaller car from our company (Hyundai H1) to transfer you faster to your hotel.

Note: Your tour includes a One-Way Consettur Bus Ticket Aguas Calientes – Machu Picchu, so you can choose to use it from Aguas Calientes to Machu Picchu or from Machu Picchu to Aguas Calientes. If you want a round-trip bus ticket, you'll need to pay an extra of US\$ 12.00.

» Group Tours

Group tours are made up of different types of people, then physical conditions and ages can vary. By agreeing to be part of a group tour, you also accept that some people may be faster or slower than you. Therefore, each person can go at their own pace on the route.

It may be the case that a group wishes to modify the tour; however, the guide will be the one who decides, after consulting with all the participants, if such modifications are possible.

» Strikes and demonstrations

Strikes and demonstrations are common in Peru, and this may interrupt some of our tours. Roads can be blocked, and train tracks can be taken over. However, we will try to keep your trip as originally planned, even if it means leaving the night before the scheduled date.

Under these circumstances, tours may also be canceled. In case of changes or cancellations, everything will be coordinated with you by our operations department. Your safety is our highest priority, and our decisions will be made to protect it.



» Lost objects

Please pay attention to where you leave your things and remember to take everything once you leave our transport, tents or restaurants. You're the only one responsible for your objects during the tour.

WHAT SHOULD YOU BRING?

- » Valid Passport
- » Extra money (recommended soles)
- » Personal medication
- » Water bottle or CamelBak - (optional water purifying pills)aa
- » Sunblock: factor 70 or more
- » Insect repellent
- » Personal Care Products
- » Hiking boots or shoes (preferably waterproof)
- » Light footwear or sandals
- » Trekking pants (*)
- » Trekking socks
- » Shorts
- » Long sleeve t-shirts
- » Warm jacket
- » Waterproof jacket
- » Raincoat or rain poncho.
- » Sun hat to protect neck and face
- » Neck gaiter or buff
- » Sunglasses with UV protection
- » Trekking poles
- » Medium trekking backpack (15 - 25 liter)
- » Camera and charger
- » Power bank
- » Snacks: Energy bars, chocolate, candies, dried fruits, etc.
- » Bathing suit
- » Towel
- » Flashlight



*It is advisable to wear waterproof pants during the rainy season (September to March).



Salkantay
TREKKING
Trek & Expeditions Specialists

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