

TREKKING GUIDE



Salkantay

TREKKING
Trekking & Expeditions Specialists



Inca Trail to Machu Picchu 4D / 3N



We are widely recognized for ground breaking Responsible Tourism initiatives.

“The Best Inca Trail Tour Operator in Peru”



WHY US? SALKANTAY TREKKING

"We are considered by many to be the leading experts on authentic trekking experiences at a competitive price & service. We always go the extra mile to provide you with the utmost satisfaction during your adventure and our belief is that responsible tourism is a better way to see the world."

The only experience in your life

CREATING INSPIRATIONAL & MEMORABLE EXPERIENCES

Welcome to Salkantay Trekking. For over 10 years we have been creating inspirational, memorable experiences and are proud of our reputation as one of the Peruvian leading specialist tour operators.

Small Groups & Big Adventures: Our treks are done in smaller groups to minimize our impact on the environment and ensure the greatest degree of quality and attention to each and every passenger.



INCA TRAIL

Inca Trail 4 Days / 3 Nights

Giving you the chance to have Memorable Lifetime Experiences

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DESCRIPTION

INCA TRAIL TO MACHU PICCHU

The great adventure of the Inca Trail to Machu Picchu, is for those who live passionately for a new experience, a fascinating idea to fulfill, known as the most famous trek of South America, the beauty of the views and the archaeological sites that surround the Inca Trail. This tour is ideal for those who are filled with energy to hike all the way to Machu Picchu.

The only experience in your life

OVERVIEWS

Total Duration	: 4 days / 3 nights
Destination	: Machu Picchu
Departure Dates	: Daily departures
Difficulty Level	: Moderate to Challenging
Max. Altitude	: 4,205 msnm at Warmiwañusca pass
Group Size	: 2-12
Trip Category	: Trekking and Cultural

ITINERARY - DAY BY DAY

- DAY 1.-** Cusco - Km 84 - Wayllabamba.
DAY 2.- Wayllabamba - Pacaymayo
DAY 3.- Pacaymayo - Wiñay Wayna
DAY 4.- The Most Important Day - Machu Picchu!



DAY 1

Cusco - Km 84 – Wayllabamba.

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ITINERARY

We will start the tour picking you up at your hotel at 06:00 am; we will be driving from Cusco to Ollantaytambo and then to Km 84, place where we have to register to enter the Inca trail and place where we will meet all the staff members that will do this trip with us. From Km 82 we will start a simple hike for 2 hours until we arrive to our lunch spot known as Miskay. After lunch we will take a short nap and we will continue with our adventure for 4 hours, until we arrive to Huayllabamba. In the way we will be able to see the archaeological site Patallacta. Finally in Huayllabamba we will prepare ourselves for dinner and sleeping in tents and in a camping site

OVERVIEW

Walking Distance	: 12km / 7.45 miles
Starting Elevation	: 3000 meters / 9842 feet
Campsite Elevation	: 3000 meters / 9842 feet
Difficulty	: Moderate
Meals	: Lunch, Dinner (Snack and afternoon tea)
Accommodation	: Camping
Adventure	: Absolutely, completely satisfactory



Wayllabamba Campsite (3000 masl – 9842 ft)



DAY 2

Wayllabamba - Warmihuañusca - Pacaymayo

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ITINERARY

During the morning we will drink coca tea, recommended for the altitude; After we will have a breakfast prepared by our Chef. With energy, we will start our second day adventure. We will hike round 5 hours to get to the top of the mountain named Warmihuañusca; there we will have an amazing view of the Andes; after we rest we will start going down for about 1 hour until we arrive to our lunch spot. After lunch we will continue trekking until we arrive to Pacaymayo; where we will have the rest of the day to rest, relax and sleep in tents.

OVERVIEW

Walking Distance	: 13 km
Starting Elevation	: 3800 meters
Campsite Elevation	: 3800 meters
Maximum Altitude	: 4215 meters - Warmy Wañuska Pass
Difficulty	: Moderate to Challenging
Meals	: Breakfast, Lunch, Dinner (Snack and afternoon tea)
Accommodation	: Camping
Adventure	: Absolutely



DAY 3

Pacaymayo - Sayaqmarca - Wiñay Wayna

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ITINERARY

After having a nice coca tea and breakfast we will continue with the inca trail, we start at pacaymayo, we pass by the arqueological site Sayaqmarca, where after visiting the beautiful inca structures we would be stopping for lunch. After lunch, we will continue walking until we arrive to WiñayWayna, where we will build tents and the camping site to have dinner and sleep.

OVERVIEW

Walking Distance	: 15km
Starting Elevation	: 3800 meters
Campsite Elevation	: 3700 meters
Difficulty	: Moderate
Meals	: Breakfast, Lunch, Dinner
Accommodation	: Camping
Adventure	: Absolutely



Wiñay Wayna Campsite (3700 masl - 12139 ft)



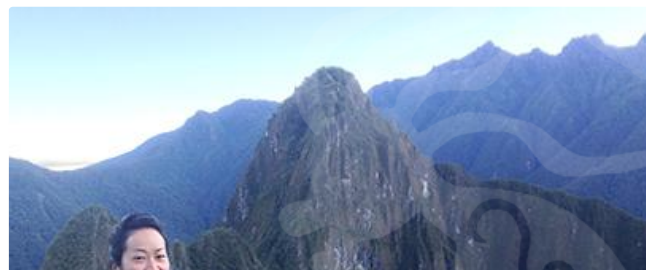
DAY 4

The Most Important Day – Machu Picchu!

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ITINERARY

It will be a very important day and we will be waking up early since we have to hike 2 hours from Wiñay Wayna until we arrive to the sun gate or "Inti Punku", here the inca trail officially finishes; from this place we will be able to admire the great beauty of the inca city Machu Picchu. After taking a rest and relaxing, we will start the visit to the sanctuary of Machu Picchu; the guided tour lasts approximately 2 hours; we will go to the most important places of the city like the main plaza, the circular tower, the sun clock, the royal rooms, the temple of the 3 windows, the royal cemetery and much more. ending the guided visit, you will have time to continue exploring, take pictures and enjoy 1 of the 7 wonders of the modern world. At a convenient time we will take a bus to Aguas calientes where you will be able to have lunch, you will be able to visit the hot springs or walk around town and the artesan market. At 18:30 hrs we will take a train back to Ollantaytambo and from there we will take a bus that will bring us back to Cusco. We will be finishing our adventure around 22:30 hrs



the sun gate or "Inti Punku"



WHAT IS INCLUDED?

- **Pre-departure briefing:** You will meet your guide and group in our office, for an orientation trek and provide you the duffle bags which will be carried by our horses. meeting at 7:00 PM the evening before the trip begins.
- **Transport:** Collection from your hotel in the morning and transfer in private transportation to KM 84 (starting point of the trek).
- **Experienced Guide:** English speaking professional and official tour guide.
- **Personal tents:** 2 people in each 4-people-capacity tent, to allow for higher comfort and a safe keeping of backpacks. Our tents are 3-season, highly maintained to ensure an excellent performance in field. Kailas, Pro aconcagua and Rei 4 Outfitter tents are employed when double accommodation is requested.
- **Camping equipment:** Dining and kitchen tents, tables, chairs.
- **Foam mats or sleeping pads:** to put under your sleeping bag (carried by horses)
- **Accommodation:** 3 nights in tent
- **1 Duffle Bag:** Where you can put your personal belongings (5 kilograms) which includes your sleeping bag.
- **Porters:** We include your personal porter who is responsible for carrying your duffel with your personal items. There is no additional fee for this. We will give you your duffel bag at your briefing the night before and this should be filled with the things you need for night and the next day. You will not have access to your duffel until your evening campsite
- **Trekking Cook:** In charge to prepared all the meals along the journey, over 6 people cook assistant
- **Meals:** 3 Breakfasts, 3 Lunches, 3 dinners and Snacks (Vegetarian, vegan or special menus are available at no extra cost)
- **Wake up tea:** Every morning at the campsite we will wake you up with a cup of coca tea our support staff will bring the coca tea to your tent in order to wake you up.
- **Tea time = Happy Hour:** Every afternoon 1 hour before dinner the cooks will let on the dining table pop-corn, biscuits, coffee, chocolate, different type of teas, hot water, etc. this is because after a day of hiking many are hungry and it is a bit annoying to wait till dinner that why we provide tea time.

- **Daily snacks - Days 1, 2 and 3:** Our Snacks consist of local fruits, biscuits, chocolate, Caramels we will give this snack at the beginning of each day trek in a cloth bag to avoid environmental contamination.
- **One textile snack bag per person:** to avoid the usage of plastic bags that contaminate our environment
- **Water grooming:** Each morning warm water with towel
- **1 Blanket or Liner**
- **1 Pillow per person**
- **Medical kit:** Our crew bring the First-aid kit including emergency oxygen bottle
- **Train tickets:** From Aguas Calientes to Ollantaytambo (expedition service)
- **Transport:** Transfer from Ollantaytambo Train Station to hotel in Cusco(Day 4)
- **24-h guest service:** please ask for the emergency number available during your time of visit
- **Rain Ponchos** (Made in Cusco by Salkantay Trekking)
We will create a the trip of a Memorable Lifetime Experience for you.
We are Direct operators & local owners with the best trekking team on the hike.

NOT INCLUDED

- **Sleeping Bags:** (you can hire from our company), our sleeping bags are -18°C-comfort (0°F), mummy form and include a sleeping liner. They are cleaned after every use and have a maximum usage of 30 trips.
- **Walking Sticks:** you can hire from our company
- **Last Day:** Lunch and Dinner in Aguas Calientes.
- **Travel insurance.**
- **Tips for our staff:** please note that our agency staff is well paid so please feel free to tip or not as you wish.
- **Additional costs** or delays caused by management out of control like landscape, bad weather condition, in case of itinerary modification with a view to safety concern, illness, change of government policy, political instability raises strike, moment etc.



OUR HIKING TEAM

The best professionals in one company

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OUR TOUR LEADERS

ACCREDITED BY THE GOVERNMENT OF PERU

Our Tour Leaders are chosen for their professionalism, experience, responsibility and seriously. Unbridled passion to explore and a desire to share in the experience. They have hiked hundreds of miles of Salkantay trail on the Machupicchu Park, slept under the stars and done almost every activity there is, and are keen to introduce you to the places that they call home.

The tours Leaders are on top knowledgeable...

They all speak English and of course they also speak Spanish and even Quechua, the Incan Language. They are all able to communicate with natives from around the area and will have lots of history to share with you.



OUR COOKS

EXPERIENCED COOKS IN THE ANDES

After a challenging trek we know how important a good hot meal can be to prepare your body and warm you up. That's why on every trek with Salkantay Trekking we employ chefs with years of experience cooking on the trails so that they provide filling and nutritious meals using fresh ingredients and a variety of flavors.

Salkantay trekking has annual course to trained and getting better work and developed the cooking skill to create a new dish and caring the entire ingredient, let's remember the menu is made by the expert Andean nutritionist, the local dishes are very nutritive and have a lot carbohydrate good for trek.

Every chef prepares different meals depending on what food is available as well using the families recipe to make more tasted and delicious each meal.



OUR HIKING TEAM

The best professionals in one company

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OUR MEALS

"BEST MEALS IN THE ANDES"

The food is one of the most important things on the trek, we bring balance and nutritive food along the trail, more than of our meals are buffet with a lot varieties of the local dishes to make special and unforgettable trips, who are the responsible on the food preparing are expert mountaineers cooks, some of our customers rates the meals provide on the mountain is much better meals of the traditionalist restaurants, the snacks for all our treks until the last dinner.

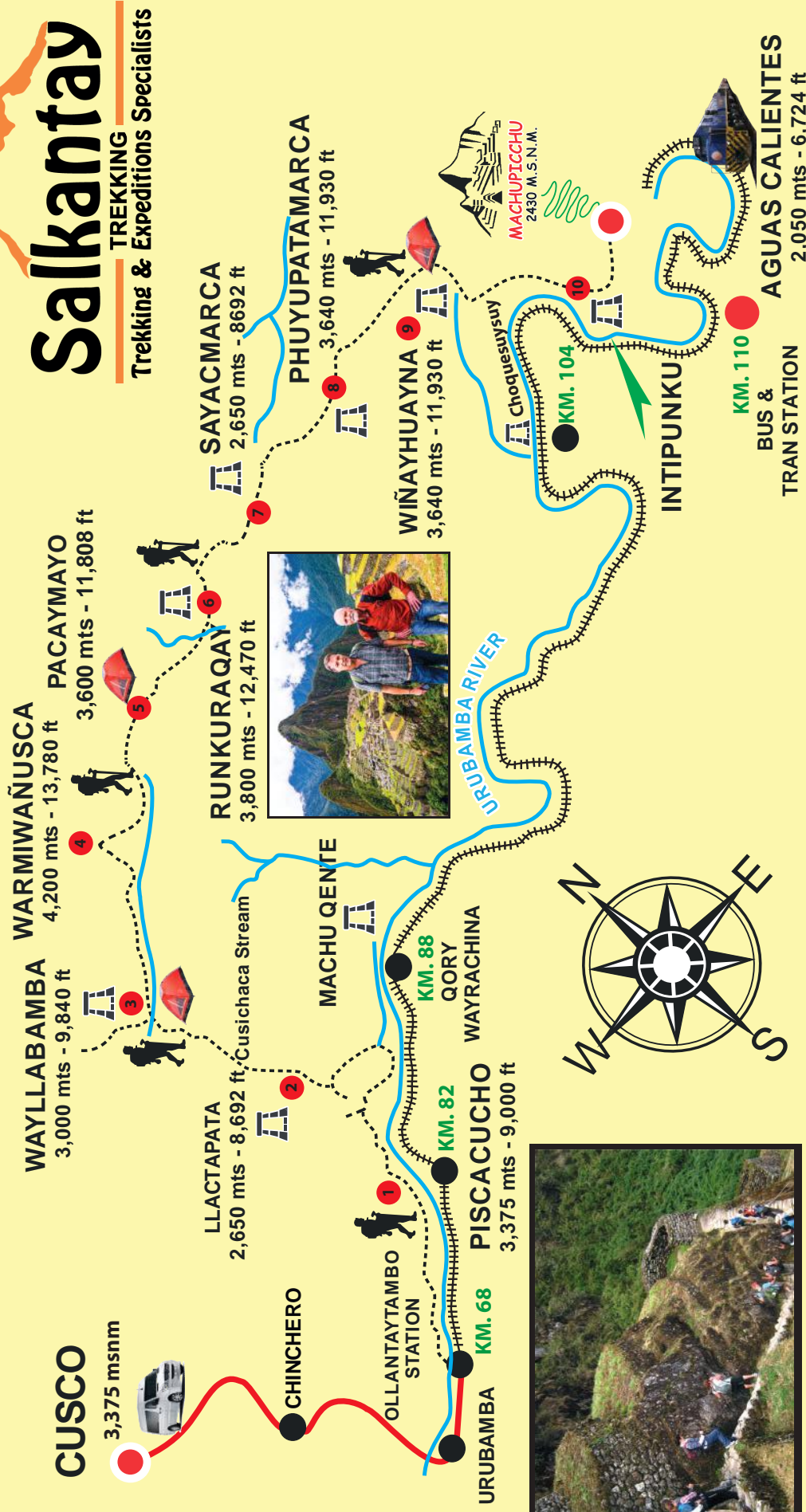
The food quality provided by Salkantay Trekking during the treks – are prepared by the Andean professionals chefs in a small tent on a small stove adapting to the area and trip conditions? Check out our reviews and you will see that our trekkers say it is excellent! The entire cook staffs are trained on the chef school as well by the travel agency to make tasted and delicious food, the best consistent breakfasts because are the base meal of the day to start a good journey on the day, lunches, dinners and snacks – all served with a smile! delicious buffet dinner that will undoubtedly exceed all your expectations.



INCA TRAIL TO MACHUPICCHU 4D/3N

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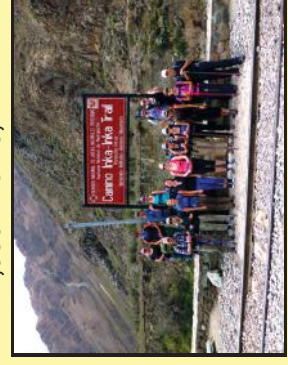


LEGEND

- Campsite
- Toilets
- Check point
- Inca site
- Village
- Rios
- Rail route
- Cloud forest

YOU MUST BRING

- Passport
- Sleeping bag
- Day pack
- Rain Gear
- warm clothes
- Hiking boots and sandals
- Flash light
- Towel + toilet paper
- Water bottle
- Personal medication
- Sun blocks, sunglasses
- Insect repellent
- snacks and Energy Bar
- Photo Camera + Films
- Hiking sticks
- Gloves = Guantes
- Wool hat or Beanie
- Extra Money



OPTIONAL & RENTAL

"We believe responsible tourism is a Better way to see the World."

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HUAYNAPICCHU

Huaynapicchu is one of the mountains that stands next to Machu Picchu ruins and has amazing views from above. This hike is done after your tour with your us and takes 45 minutes to the top and 45 minutes back down. Allow for time to take lots of photos, because the views are incredible. Your guide will direct you to where this hike begins and is done on your own.

This is an additional entrance ticket that we will secure for you, but we need to have advanced notice as it sells out.

Remember just 400 people can climb Huayna Picchu



Times:
7:00-8:00 am - 200 people
10:00-11:00 am - 200 People
Price: \$60.00



Times:
7:00-8:00 am - 400 people
9:00-10:00 am - 400 People
Price: \$60.00

MACHU PICCHU MOUNTAIN

Machu Picchu mountain is the other mountain that stands above Machu Picchu ruins. It offers even more stunning views than the top of Huaynapicchu, but takes double the time to get to the top. It will be about 1.5 hours until you reach the lookout point and another 1.5 hours back down. This is an additional entrance ticket that we will secure for you, and is typically available whenever you decide to book.

Remember just 800 people can climb Huayna Picchu.

SLEEPING BAG RENT

You can hire from our company. Our sleeping bags are -20°C-comfort (0°F), mummy form and include a sleeping liner. They are cleaned after every use and have a maximum usage of 30 trips.



Price:
USD\$25.00 - 5 Days Hike
USD\$20.00 - 4 Days Hike.



Price: \$100.00

HIRING EXTRA PORTER

Extra porter for personal items (\$100 for 4 days), 1 porter can carry up to 15 kilos.

TRAIL

TERMS AND CONDITIONS

The best professionals in one company

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PAYMENT SCHEDULE BOOKING FORM

Booking a Salkantay trek requires a deposit of 50% of the total trek price. This deposit is of USD \$200 per person. Please note that this deposit is required to purchase train and Machu Picchu entrance tickets, all subject to availability. After your deposit and booking confirmation, your outstanding balance is due when you arrive in Cusco either 48 hrs prior to departure or during your briefing session. Failure to pay any outstanding balances prior to departure will result in the inability to partake in your trek. Final acceptance of any participant is subject to receipt and review of all required forms, documents, and payment.

TRIP ITINERARIES

All Salkantay Trekking hikes are subject to itinerary changes based on a variety of circumstances, including, Salkantay Trekking reserves the right to cancel or change any trip due to river, road, weather conditions, or political climate. We also reserve the right to cancel any trip due to client unsuitability because of age, ill health, poor fitness, intoxication etc.

Any missed tours due to the above listed incidences (eg weather conditions or political climate) cannot be refunded or recuperated.

The price and duration of a hiking trip will never change once you're registered. Payments are not refundable for itinerary changes or public land closures. If a trip is cancelled due to circumstances beyond our control a trip credit equal to the full amount paid will be issued.

CHANGE POLICY

If you wish to change the date of departure/ and or route of your trek after making the reservation/ deposit, there will be a \$50 per person fee to make the change, except if the change is made in the 48 hours prior to the trek, when the change will cost \$100 per person.

CANCELLATION & REFUND POLICY

The Salkantay Trekking reserves the right to cancel trips. If this is the case a full refund of the amount paid will be given, including the deposit. The Salkantay Trekking Company is not responsible for additional expenses incurred by preparing for the trip (for example: non-refundable advance purchase air tickets, clothing, equipment, visa fees, medical expenses, etc.).

If you cancel or leave a multi-day trip for any reason:

1.- All USD \$200 deposits needed for the confirmation of any Salkantay trek, are non-refundable and non-transferrable.

2.- Full payment is required 48 hrs prior to departure. In case of not being able to make full payment within said time frame, an alternative payment system must be arranged and coordinated. Failure to do either of the above can result in **CANCELLATION** of your tour.

MEDICAL RELEASES

We require medical releases for prospective guests over 70 years of age and for various circumstances such as history of cardiovascular disease, chronic illness, and other conditions and factors.

Let know to the guides if you consume any medical tab, pill or chronic illness to prevent the any accident or emergency case, if you have the first aid kit bring for the trail will be very useful for member's hikers.

TRAVEL INSURANCE

For your protection, we strongly recommend the purchase of travel insurance. Travel insurance provides you with trip cancellation or interruption, travel delay, medical expenses, emergency assistance, baggage and baggage delay coverage to protect your financial investment. Medical coverage purchased with your policy will also satisfy our requirement for health insurance.

INFORMATION ABOUT OUR COMPANY

The best professionals in one company

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We are a professional agency, and take care for our environment when we are working with groups and we provide a complete catered and guided service of the highest quality.

Salkantay Trekking has many years of experience organizing tours & treks and only employ quality & responsible staff who you can trust.

OUR ADMINISTRATOR BASE IS IN CUSCO

Our tour service and client support in Cusco is managed by our agency, we are TOUR OPERATORS,

- We are committed to departing with 02 of you on our Tours we will never pass you onto another operator!
- We depart even if you are 02 people.
- We are the sole operators of all our tours!

OUR STAFF THE BEST PROFESSIONALS

- All the guides we use are certified and issued licenses by the Cuzco Tour Guides Association and our guides are trained every year.
- We do not employ unlicensed or unaccredited guides and staff.

Take the Adventure of a LIFETIME!

A leading adventure & travel operator in the Salkantay since 2004...!!!

Sincerely
Edgar Catunta



Salkantay
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WE BELIEVE
RESPONSIBLE TOURISM
IS A BETTER WAY TO SEE THE WORLD

