

SALKANTAY TREK PACKING LIST:

During the trek your main luggage will be stored at your hotel or our office here in Cusco. During your briefing session, you will be provided with a small duffle bag in which you will need to pack clothes for 3-4 days. Your team of porters or horsemen will carry these bags along with the food and equipment for the trail. Please note that you will not have access to these items until the end of each day as the horseman will always be ahead of the group. For this reason, you will need to bring a small day backpack (no bigger than 30 L) to carry all essential items while trekking (e.g. water, snacks, passport, etc.).

Please use the following list as a guideline when packing for your Salkantay Trek.

- **One sleeping bag per person:** You are able to rent one of our sleeping bags for \$25 in the office. Our sleeping bags are -18°C-comfort (0°F), mummy form and include a sleeping liner. They are cleaned after every use and have a maximum usage of 30 trips.
- **Comfortable waterproof walking boots:** Good quality, comfortable footwear is essential. Whatever you choose to wear on your feet, the most important thing is comfort. It is vital to ensure your boots are well worn and lightweight.
- **A plastic bag:** To ensure all items in your backpack and duffle bag stay clean and dry.
- **Rain gear:** Consisting of a jacket and pants if available. If unavailable, you can purchase a simple rain poncho once in Cusco.
- **Sandals or sneakers:** For more comfort while staying at the camps.
- **Warm clothes:** Including a jacket and/or fleece. Thermal clothing is also recommended, especially for sleeping.
- **Light wear clothes:** (t-shirt, shorts) for hiking in brow of jungle.
- **Flashlight / headlamp and batteries.**
- **Camera/go-pro and batteries:** We will have access to electricity at some of the campsites but not all. Please make sure to bring enough back-up batteries just in case.
- **Hat or cap:** to protect you from the sun, rain and cold.
- **Sunscreen.**
- After-sun lotion or hydrating lotion for face and body.
- **Insect repellent:** Recommended minimum of 20% DEET – no malaria risk has been reported.
- **Toilet paper.**
- **Snacks:** biscuits, energy bars, chocolate, fruits, muesli, etc. Please note that we do provide a daily morning snack and our meal service is very complete and well supplied. This recommendation applies for all clients who may be accustomed to a specific snack, as we may not have it included among our selection.
- **Water container and water for the first morning. Important notice:** plastic water bottles are no longer allowed into Machu Picchu. Plastic water containers (i.e. Nalgene) or metal water bottles are recommended.
- **Small towel.**
- **Swimsuit** (if you wish to go to the hot springs in Aguas Calientes).
- **Cash in soles and/or USD.**
- **Optional:** walking sticks or poles (rubber covers required in order to not damage archaeological sites).

Documents:

- **Original Passport.**
- **Salkantay Trek Map** (Will be provide at the briefing day).
- **(ISIC CARD) Original International Student Identity Card** (in case you have applied for a student discount).



Trekking to Machu Picchu



Thank you for choosing Salkantay Trekking! We will do everything within our means to take care of you and ensure an enjoyable trip of a lifetime in Peru!

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